

VOL. 2, NO. 7

**JULY 2018** 



**DID YOU REGISTER FOR AN** ABSENTEE BALLOT?



## **ABSENTEE IS NOW** VOTE BY MAIL

#### Any registered voter may request to Vote-By-Mail.

#### **By Insider Staff**

online

In approximately four months, you will have the chance to vote for Governor, U.S. Senate, Congress and many other local offices in the August primary election. In approximately three months, the Supervisor of Elections will be mailing out absentee ballots for the August election.

If you received an absentee ballot in the past, you may have to re-new your request if you want to continue receiving one.

#### TO GET AN ABSENTEE BALLOT:

- 1. Call 954-357-7050 (Supervisor of Elections)
- 2. Go online to www.browardsoe.org

3. Go in person, or write to: Supervisor of Elections Office. 115 S. Andrews Ave., Room 102, Ft. Lauderdale, Fl. 33301.

If you would like to advertise your business in this publication, contact: the INSIDER 954-975-8001, or email: wynmoorads@aol.com We are Online! NEVER MISS AN ISSUE: www.insidernewspaper.com



## **SELL • BUY • RENT**

## **ONSITE REALTOR. OFFICE LOCATED INSIDE CLUBHOUSE**

	MUS	ST SELL		
4701 MARTINIQUE (1/1.5)	\$62,500	-2802 VICTORIA	SOLD	\$146,900
<b>2301 LUCAYA</b> (1/1.5)	\$58,500	2301 LUCAYA		\$104,000
1107 BAHAMA (3 BEDROOM /2B		2404 ANTIGUA		\$90,000
-1604 ABACO SOLD	\$166,000			
	NEW	LISTINGS		
and the second	2004 GRANADA			\$ 94,900
	3302 ARUBA (TOTA	LLY REMODELED)		\$ 220,000
	1903 BERMUDA	SOL	D	<del>\$ 114,900</del>
	-2001 GRANADA	SOL	D	<del>\$ 169,000</del>
66	1705 ANDROS (COR	NER WITH W/D)		\$ 210,000
	-2708 NASSAU	SOL	D	\$ 134,000
	2202 LUCAYA (TOTA	ALLY REMODELED)		\$ 159,900
Constr	4801 MARTINIQUE (	REMODELED)		\$ 120,000
	3405 BIMINI	SOL	D	<del>\$ 111,000</del>
	3004 PORTOFINO	SOL	D	\$ 138,000
	2802 VICTORIA (RE	MODELED)		\$ 119,500
	3403 BIMINI			\$ 139,900
Poole R	2901 VICTORIA (UPI	DATED CORNER)		\$ 132,900
9	1704 ANDROS	SOL	D	\$ 109,500
	-2403 ANTIGUA	SOL	D	<del>\$ 93,000  </del>
	2004 GRANADA	SOL	D	\$ 157,900
	1902 BERMUDA (CO	RNER)		\$ 108,500
	1903 BERMUDA			\$ 79,900
	2804 VICTORIA	SOL	D	\$ 95,000

### NOMINATED TOP SELLING/LISTING AGENT 2017. WINNER OF 4 TOP AWARDS IN WYNMOOR !





Wynmoor's Daughter & Resident Mother Real Estate Team

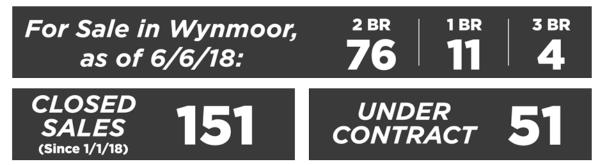
## YOUR RESIDENT TOP PRODUCING REAL ESTATE TEAM

## **OFFERED FOR SALE** - 2 Bedrooms Unless Noted

3301 Aruba • Renovated Golf Course/Lake, Remodeled Kitchen, and No Carpet	TBD
1903 Bermuda • Corner, Updated Kitchen, Fountain View, Penthouse	\$144,000
<b>1503 Cayman •</b> Inside Washer/Dryer, Turn Key, Top Floor	\$149,000
4302 Martinique • Completely Remodeled, Lake View, Custom Closets	\$144,000
4402 Martinique • Corner, Water View From Every Room Glass Enclosure	\$119,000
4401 Martinique • Penthouse, Water View	\$92,000
3005 Portofino • Remodeled All Porcelain, Quartz, Shower in Master Bath	\$167,000
3205 Portofino • One Bedroom, Updated, Ground Floor, Lake Front	\$79,000
2802 Victoria • Golf View	\$85,000

JUST SOLD	#BR	LIST PRICE	SOLD PRICE
3306 Aruba***	2	\$239,000	\$229,000
2503 Antigua	2	\$184,000	\$177,000
3403 Bimini	2	\$134,900	\$135,500
1501 Cayman	2	\$149,000	\$142,000
1803 Eleuthera	2	\$139,000	\$135,000
2005 Granada	2	\$107,000	\$95,000
2202 Lucaya	2	\$92,000	\$95,000
3203 Portofino	2	\$120,000	\$110,000

\*\*\*RECORD BLOWING HIGHEST PRICED EVER SOLD IN WYNMOOR! 3306 ARUBA: LIST PRICE \$239,000, SOLD FOR \$229,000



We will stage, provide services (painters, carpet cleaners, cleaning, etc.) and take great photos for the multiple listing (MLS)—giving you the most Internet exposure. RE/MAX is worldwide (not just local) and advertises more than any

#### **Coming Soon!**

1703 Andros Ground Floor Iris Floor Plan
3303 Aruba Penthouse One Bedroom
1209 Bahama Ground Floor
1501 Cayman Ground Floor Iris Floor Plan
3003 Portofino Corner
3102 Portofino Penthouse

### RENTALS

**ANNUAL - 2/2** 2001 Granada • Inside W/D, Unfurnished, \$1400

#### SEASONAL - 2/2

**3204 Portofino •** Second Floor, Wide Water "Cruise Ship" Views, \$2300

#### **OFF SEASON**

**3302 Aruba •** Furnished, Available June 1 - December 2018, 4 Month Minimum

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### CherylStein@bellsouth.net 954-675-3700

#### www.WynmoorCountryClub.com

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Published monthly by The INSIDER, distributed free to Wynmoor Village, Coconut Creek, FL 33066 and the surrounding area. Materials submitted for publication may be placed in the box reserved for The INSIDER located in the Business Center, Wynmoor Clubhouse. The deadline for written articles, letters and classified ads is 12:00 noon, on the 10th day of each month, preceding an issue.

We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or legibly printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of The INSIDER and will not be returned. The Insider is not responsible, and assumes no liability for the content expressed in any contributed material.

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**ASSISTANT EDITOR Amy Wallace** 

**GRAPHIC DESIGN** Copy Design Group wynmoorads@aol.com

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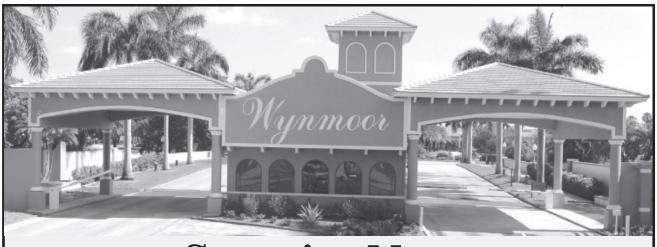


#### WORD LIMITS:

<b>NEIGHBORLY NEWS</b>	200 Maximum
CLUBS	200 Maximum
PEN TO PAPER	250 Maximum
ARTICLES OF INTEREST	450 Maximum

Articles must be typed or legibly printed. Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

**Deadline:** The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.



## **Security News** Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road Second Offense: \$50 Fine rules. First Offense: \$25 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

#### In Case Of Emergency 9-1-1

In each unit, there is a button for emergencies. When this button is pushed, it is supposed to notify the guard gate that there is an emergency.

However, due to equipment problems and the age of the equipment located in each unit, the system is not working properly. Therefore, if you experience an emergency, you need to call 911. Do not rely or use the button in your unit.

#### Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guest has I.D. ready when approaching the gate for proper verification. Make sure your guest has the NAME and ADDRESS of the resident they are visiting.

#### **Important Numbers**

For Medical Emergencies Always Dial 9-1-1. 

### 

#### **Hours of Operation**

Administration/Pool/BBQ:	
Fitness Center:	
Country Club:	
•	
-	1:00 PM (unless there is a specific approved event)

The Insider reserves the right to refuse publication of any article or ad submitted, if such does not meet the standards set forth by The Insider, or does not adhere to its deadline. The Insider shall have the right, in its sole discretion, whether or not to accept any material for publication.

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Advertisements (including inserts) and articles appearing in The INSIDER do not constitute an endorsement or recommendation by The Insider or its Board.

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**Theatre Complex:**...7.00 Alvi - 11.00 Five (unless there is a specific approved event)

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 Successfully fought against Waste Management's proposal to put untreated liquid toxic waste in a deep well.

Waste Management applied to the state to get a permit to dispose of untreated toxic liquid waste. I worked to stop them from moving forward with this proposal.

Worked to stop the expansion of the turnpike outside of Wynmoor's property.

The State of Florida wanted to expand the turnpike where the barrier wall would only be five feet from Wynmoor's property. This project has been stopped.

- Co-Sponsored a Senior Real Estate Tax Exemption to save you money on your real estate taxes.
- Worked to stop Waste Management from putting unlimited amounts of waste in Mt. Trashmore.

After my election – I worked to stop Waste Management from putting an unlimited amount of waste in Mt. Trashmore. Now, Waste Management has limitations as to the amount of waste that can be put in the landfill.

- Voted to Increase Transportation for Seniors
- / Exposed Scams aimed at Seniors.
- Many other issues....

I would be honored to serve as your County Commissioner and I would appreciate your vote on August 28th.

"Political Advertisement paid for and approved by Mark Bogen, Democrat for Broward County Commissioner District 2'



## **Fabulous Flicks Reel Times**

#### **OVERBOARD - 1 HR - 32 MINS**

Wed.	July	1	2 PM*
Monday	July	2	8 PM
Tuesday	July	3	8 PM
Wed.	July	4	2 PM*

### A WRINKLE IN TIME

1 HK - 55	MINS		
Sunday	July	8	2 & 8* PM
Monday	July	9	8 PM
Tuesday	July	10	8 PM
Wed.	July	11	2 PM*

#### THE LEISURE SEEKER

	1 HR - 46	MINS		
)	Sunday	July	15	2 & 8* PM
	Monday	July	16	8 PM
	Tuesday	July	17	8 PM
)	Wed.	July	18	2 PM*

#### **NO FOOD/DRINKS or E-CIGARETTES Only Bottled Water!**

**BOOK CLUB** 

Wynmoor ID is Required



A QUIE I	' PLA	CE	
1 HR - 50	MINS	5	
Sunday	July	22	2 & 8* PM
Monday	July	23	8 PM
Tuesday	July	24	8 PM
Wed.	July	25	2 PM*





1 HR - 50	MINS		
Sunday	July	29	2 & 8* PM
Monday	July	30	8 PM
Tuesday	July	31	8 PM
Wed.	Aug.	1	2 PM*





## **\* OPEN CAPTION \$2.00** ALL Times



\* Id's required for all shows, dances and movies. All shows subject to change. Guest Show tickets available two (2) weeks prior to show. PLEASE NOTE: Children under the age of 15-years-old are not permitted in the theatre.



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## **A Magic Moment**

#### **By Phil Edwards**

Spring 2018 - the worst flooding in Southern New Brunswick, Canada. Good friends videotaped from a boat, their cottage of 47 years, being battered by waves and then forced off its foundation and wrapped around a large oak. A week later, an excavator put it on a dump truck. Other friends had the front part of their cottage ripped away from the structure and thousands experienced water up to the ceiling rafters. To add insult to injury, cottages are not offered flood insurance.

We had two feet of water in the basement that swelled to three-and-a-half feet up the drywall. As fate would have it, my wife retired last year and so we spent August and September putting in drywall throughout the whole basement. This year was the first year we could come early, and we spent May tearing out the lower 4 feet of drywall we put in last year. Drywall is not pleasant to work with and wet drywall is downright miserable to handle. It breaks up in your hands and leaves a wet chalking powder on your clothes.

We had already taken two loads of wet wretched drywall to the dump. After two hours of loading another batch in the van, we took a break on our patio. In front of us was an ageless old forty-five-foot apple tree. We almost cut it down because numerous limbs had fallen, and it looked in terrible shape. However, children and grandchildren use it as their swing. After years of pruning, all the dead beaches were off, and it looked almost healthy.

Today it was full of beautiful white apple blossoms. Because of work, we had never seen the tree in early Spring. We were pleasantly surprised by this natural cycle of nature. Suddenly, a gust of wind rose up and blew thousands of the white blossoms off the tree. They fell all over the ground, the porch and us. It was like a white-out from snow falling. We sat there in our dirty clothes that were encrusted with residue of wet drywall and smiled as the apple blossoms covered us. The fragrance was sweet and enchanting. We looked at each other and I said to my wife, "that was nice." And it was.

RESIDENTS We no longer have permanent guest lists. Be sure to update and submit your Emergency Contacts (limit 3) to Association Affairs. 954-978-2600 Ext. 342

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## **RECREATION EVENTS & FIELD TRIPS**

Independence Day Celebration~Wednesday, July 4th~11:00AM-2:00PM Join us for a tribute to our nation in the West Wing. Live Entertainment provided. \$2.00 hot dog and soda combos will be available for purchase. The American Legion Post #170 will host the presentation of colors. No Reservations Necessary. No Reserved Tables.

Miami Marlins vs. NY Yankees~Wednesday, August 22nd~\$60.00 The first pitch is at 7:10pm. The bus departs Tract 1000 at 4:00pm. Seats are located in lower level baseline reserved. Registration begins Thursday, May 3rd.

Semi-Annual White Elephant Sale~Friday, August 24th~9:30AM-2:00PM~\$10.00 Join us in the Grand Ballroom for Wynmoor's semi-Annual Sale. Find household goods, art, collectibles and much more. Registration begins Thursday, July 5th. All those who participated in the Winter sale are eligible to register on Thursday, August 9th. One table per household.

For more info, call Recreation: 954-978-2600, press 1. Register in the Recreation Office, Monday-Friday, from 8:00 AM-4:45 PM and the Country Club Business Center, Monday-Friday, from 8:00 AM-12:45 PM & 2:00 PM-5:00PM. All Recreation trips include Transportation. Residents are responsible to be ON TIME for each departure (to and from venues). Recreation events/trips are subject to change/cancellation. The events/trips listed above might be sold out by the time this publication is printed. For the most updated information, join the Wynmoor Email Blast & tune in to Channel 98.





in the Temple you can walk to. Enjoy Cantor Jan Courte and Rabbi Leon Olenick. Break the Fast with us after Yom Kippur Service. ROSH HASHANA...... Sept. 9 ...... 7:30 PM ROSH HASHANA...... Sept. 10 ..... 10:00 AM KOL NIDRE...... Sept. 18 ...... 7:30 PM YOM KIPPUR...... Sept. 19 ..... 10:00 AM Ultimate "Break-Fast" ... September 30 at 6:30 PM Sponsored by the Circle Club, held in the West Wing of Wynmoor Cost: \$30 pp. Room for 150 persons. Catered by Bagel Snack We welcome all in the community to join us. Reservations a must!



Holiday Tickets/Break-Fast Info. Members \$100 Non-Member \$125\* To Purchase Tickets Call: Sonya Hartog: 954-973-0602 For Break-Fast Call: Judy Henry: 954-971-4748

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#### The INSIDER

**JULY 2018** 



## **GREAT GREENS**

#### By Kevin Battersby, PGA

Approximately 6 weeks after new greens were sprigged with Platinum Paspalum the new grass is thriving with the summer heat and rain. Sometime in July the new greens will be open for play completing the final transfer to the new Paspalum greens on all 18 holes at Wynmoor. The contrast between the new tees and greens really defines the holes. The various tees that were sodded this year are now open for play and look very healthy.

Congrats to JB and his staff.

Kevin Battersby PGA

Private lessons - 954-444-1031 • WWW. Battersbygolf.com • Email: Kevin@battersbygolf.com



New tee first hole with Paspalum grass. Roughly 23 yards longer than previous men's tee.



New tee hole number 2 from last year's renovation.



Green number 8 hole with Paspalum



Newly sodded tee number 10 with Paspalum



Practice putting green with Paspalum

#### Margate 4th of July Extravaganza Wednesday, July 04, 2018 - 9:00 AM - 9:00 PM

**4th of July Parade:** - **9:00 AM** - **11:30 AM** - Beginning at 9:00 AM, a sea of red, white, and blue will parade down the city's signature Margate Boulevard, Eastbound from 76th Avenue to Margate City Hall. Awards will be given to the best overall entry for a private business, a non-profit organization, and a Margate family. Immediately following the parade, the MCRA will provide post-parade refreshments and bounce houses at City Hall.

**Calypso Cove Pool Party:** - **1:00 PM - 5:00 PM** - From 1:00 PM to 5:00 PM, the City of Margate Parks and Recreation Department will host a 4th of July pool party, featuring a steel drum band and face painting at Calypso Cove, the city's water park, located at 6200 Royal Palm Boulevard. Admission to Calypso Cove is \$4 for Margate residents and \$7 for non-residents.

**4th of July Extravaganza:** - **5:00 PM - 10:00 PM / Fireworks Show Begins at 9:00 PM** - The city's 4th of July Concert and Fireworks Extravaganza begins at 5:00 PM with live music, food, bounce houses, and family-friendly activities at the Northwest corner of Margate Boulevard and State Road 7. The concert begins at 6:00 PM and a 20-minute fireworks show will begin at 9:00 PM.

**Road Closures:** - 9:00 AM - 11:00 AM: Eastbound lanes of Margate Boulevard from 76th Avenue to Margate City Hall. - 9:00 AM - 11:00 PM: Margate Boulevard, from the Clock Tower to State Road 7. -7:30 PM - 10:30 PM: State Road 7, from Atlantic Boulevard to Coconut Creek Parkway.







Recipient of the Coral Springs Chamber of Commerce Small Business Leader Award 2015

## *Let the Florida Sunshine in!*



## The Unsung and Unseen Heroes of Public Safety By Sheriff Scott Israel

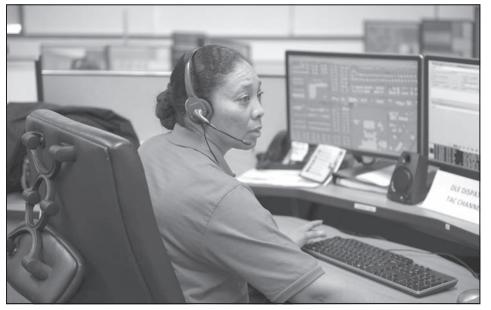
Earlier this year, the Broward Sheriff's Office Regional Communications Division was selected by the Florida Association of Public-Safety Communications Officials (APCO). The APCO is the world's oldest and largest not-for-profit professional organization dedicated to the enhancement of public safety communications, as their 2018 Team of the Year.

The team was selected for the hard work, professionalism, and dedication they displayed during the shooting at Fort Lauderdale/Hollywood International Airport on January 6, 2017 where they deftly managed 135 calls from panicked citizens, witnesses, airport employees, family members and victims that flooded the regional 911 system during the chaotic moments of the shooting. Operators provided anxious callers with guidance, comfort, and empathy.

Simultaneously, hundreds of officers and other first

responders were deployed countywide to assist with the event from approximately 31 municipalities in Broward County. Off-duty Regional Communications Division staff promptly responded to assist during the incident.

The honor reaffirmed what I have known since we launched Broward





County's consolidated dispatch system in October 2014: it is not only working but it is exceeding expectations and providing some of the best 911 services in the country.

Residents and visitors alike are receiving more efficient and effective responses since we merged eight public safety answering points (PSAPs) and 29 cities transitioned into just three regional PSAPs, located in Coconut Creek, Sunrise and Pembroke Pines. These three regional sites now operate under common call taking and dispatch protocols and common technology platforms.

The effort was a gigantic undertaking but has proven to be a vast improvement over the previous fragmented system. Each day, our call takers handle roughly 7,500 calls. That's a staggering 2.5 million calls a year. But they handle the load with professionalism and unmatched dedication.

Today, we are more efficient and effective. Under the old

system, emergency responses were often hindered, and people's lives were put at risk because calls would be directed to the wrong answering center and would need to be transferred. The new system has virtually eliminated the need to transfer calls.

Creation of the regional system also streamlined and reduced staffing levels by more than 100 employees. We increased accountability for staff through transparency and a countywide ticket tracking system to track concerns, complaints, and trends. As a result, total call processing times were reduced by approximately 30 seconds, and the clear majority of 911 emergency calls are now answered in 10 seconds or less. In fact, a recent study shows we produce some of the quickest answering times and exhibit one of the best performance levels of any large 911 center in the nation.

This, of course, would not be possible without the dedicated 911 operators and dispatchers. They truly are the unsung and unseen heroes of the agency, tirelessly navigating stressful and chaotic circumstances to serve as the critical link and vital lifeline between our community and emergency services. These workers undergo months of intensive training to learn the ins and outs of public safety.

I've long known their importance and value to public safety, and I'm glad they are finally receiving the outside recognition they have earned and very much deserve.

## **Do You Want To Be Notified or Not?**

If you have a computer and wish to be notified of cancellations or emergency situations in Wynmoor, contact Fred Michael, Director of Association Affairs, at fred\_wynmoor@bellsouth.net to give him your e-mail address.

You will be notified of any cancellations. i.e. The Cove canceled due to inclement weather.

When Wynmoor calls us to take action. In the case of the traffic fiasco, Fred let us know who to call or email. It turned out that over four hundred Wynmoorites did call and or email and the next day there was relief in the traffic situation.





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By Commissioner, Mikkie Belvedere

Happy Birthday and Happy Anniversary to all celebrating this month including my granddaughter. The most patriotic holiday this month is Independence Day, July 4th. It's the day of the publication of the Declaration Of Independence from Britain in 1776, declaring us a free and independent state.

If you are one of our French residents, you will be celebrating "Bastille Day" on July 14th. The Bastille was a state prison in Paris and on July 14, 1789 an angry mob stormed the prison, making the day a uniting point in the French Revolution. Today, it is a celebration of the unity of the French people.

If you love blueberries, this is "National Blueberries Month." On July 7th is "Chocolate Day" and on July 30th is "International Friendship Day."

Don't forget that we are in Hurricane season. Be prepared.

Get ready for the primary election in August. Some very important local candidates are running for the judiciary, for Governor and more. Get acquainted with the candidates so you can be an informed voter. Expect at least 24 Amendments from Tallahassee and the County in the November election. One of these is a Penny Transportation Tax from the Broward Commission. For more information, go to broward.org/

pennyfortransportation

You can check out what is expected for Coconut Creek on that website.

Also, I highly recommend that you vote by mail. This will give you the opportunity to stay home and study the ballot at your leisure. You can check your voting status by going to www.browardsoe.org or you can call 954-357-7055.

If you are looking for exemptions for your property, the Property appraisers office has a representative in the Wynmoor library on July 26th from 10:00 AM - 12:00 PM. You need to present a current driver's license, and/

or a current voter registration card or declaration of domicile. Non-US citizens must provide proof of permanent residence.

Windmill Park should be open by now. It offers wonderful amenities for biking, walking, tennis, basketball, dog parks and a place to relax. The children are enjoying the city's Summer camps. We slow down a little for the Summer, but Commission meetings are still on the second and fourth Thursday of the month at 7:00 PM.

For questions, suggestions, and comments, I can be reached at 954-803-7696 or mbelvedere@coconutcreek.net

Have a great day and keep smiling.

The DEADLINE for ads and articles submitted to the INSIDER newspaper is the 10th day of the month preceeding an issue.

Our first preference is email in docx. format to: wynmoorads@aol.com PLEASE type, if possible, in upper & lower case, or, please print clearly. If the 10th of the month falls out on a weekend, we will check the INSIDER box in the clubhouse, near the Library, the following Monday. Thank you for adhering to the deadline!

### The INSIDER Editor









Wednesday, September 19, 2018 West Wing - Doors open 6:30 PM

Menu: Platters of whole whitefish, sable, baked salmon, nova lox, creamed herring, tuna salad, egg salad, bagels, cream cheese, tomatoes, onions, olives and more. Dessert: Pastries, sugar free, tea and coffee. Cost \$30 pp

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November 4th & 6th; 9am - 12pm

December 2nd & 4th; 1pm - 4pm

- Each participant is required to attend both classes
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#### By Joy Berke Sanchez, PhD

I was recently asked about a situation that a friend of mine is in and I would like some feedback for her from others who have dealt with this.

My friend has been a snowbird here for many years and for quite some time, her husband has been wanting to move to Wynmoor as a permanent resident and give up their home up North. She has been adamantly against this for many reasons. Aside from having longtime friends there, the children and grandchildren live close. There is, of course, the issue of spending those hot, humid, and very long summers in Florida. Well, an incident happened that led her to believe for health reasons, it would be better to live here so the decision has been made. She is not happy. He is very happy.

We talked about the practical issues of selling her Northern home and how this would cut expenses so significantly that she would be able to fly up every month if she wanted to and spend time with her friends and family. This is definitely different from having one's own home and settling in for the Summer, but at least it's something.

There are two main issues here as I see them. One is adjusting to permanently living in Florida with all its pros and cons and the other is dealing with resentments due to seeing this as being forced to do something she really does not want to do. Adjusting to living here seems secondary to me, as she has been living here for a long time and has established friendships and enjoyable activities. So, the real question is about dealing with her bitterness and unhappiness that a situation arose that she sees herself with no choices. Also, the fact that someone else is getting what he wants while she is not.

Isn't this the same, or at least similar to, what often happens in any relationship when what the two people want are mutually exclusive? Doesn't this happen often about various things? How is it handled? Is there always going to be resentments when one person gets his/her way and the other one

doesn't? Does it have to be like that? How big or important does an issue have to be to cause resentment? There are many decisions that two people make all the time where one person has it the way they want it and the other doesn't. This can include little things like where to eat or what movie to see or something bigger like which car to buy. It seems like where to live, especially in later years, is something that couples argue about a lot.

I probably don't have a really good answer here or even a not so good answer because this is a very personal issue and there are a lot of variables.

Dealing with resentment is hard. A lot of it depends on how often one person has it the way they want it at the expense of the other giving in. If this has been happening a lot in the relationship when something important comes up and the "conceder" is once again giving in, it reaches critical mass and anger sets in. If the relationship has been fairly balanced for many years, then perhaps, this problem can be talked about in a practical fashion and the way to handle it will emerge regardless of who "wins."

Life throws us curveballs all the time and if we are going to live happily and anger free, the only thing to do is deal with it as best we can and continue to focus on the things in our lives that we like and appreciate and not keep what we are unhappy about in the forefront of our consciousness. I am a firm believer that you get what you focus on, at least at the emotional level. If you keep yourself in a state of bitterness, anger, and resentment, you will continue to feel bad and it will be difficult to move on. Make a list of all the things you like about your life and think about them as often as you can. Focusing on them will make you happier and that will enable you to deal with unlikable situations more easily. I apologize if this sounds "preachy" in any way, but I have found that it is the best and really the only way to feel good.

I really do want feedback from anyone who has dealt with the issue of settling into Wynmoor as a permanent resident after being a snowbird, especially if it was not a joint decision. You can reach me at JoyB212@aol.com Enjoy the summer.





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**JULY 2018** 

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## **ATILIO MARINELLI**

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## JUDY LENAIR

Saturday, July 21st - Time: 8:00 PM - Price: \$10

## **CHERRILL RAE**

Saturday, July, 28 - Time: 8:00 PM - Price: \$10

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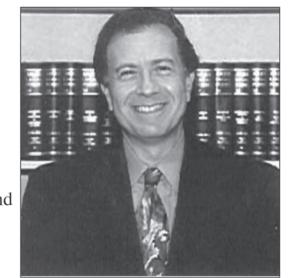
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## **POETS** and **POETRY**

If your poetry was not in this issue we will try to get it in the next issue. Our goal is to give everyone an opportunity to have their work published. All poetry will be printed as submitted.

**Mothers By Judith Bobker** Mothers of Michelangelo, Mozart and Debussy, Of Shakespeare, Tennyson, and Poe, Wordsworth, Ibsen, Albee,

What pride, for them, to see unfurled, The genius in their seed, That gave such treasures to the world, To see, and hear, and read,

From Aristotle and Plato, To Franklin and Fermi, What joy it must have been to show *Their brilliant progeny!* 

But what of all the mothers who Are driven to despair By evil deeds their offspring do, Despite their loving care?

And those with whom I empathize, Who bear a bitter cross, Unfathomed grief that never dies, A child's tragic loss?

The mother terrorized by war, And its atrocities, Who flees to keep the child she bore From famine and disease?

And one on whom good fortune bends A rainbow, multi-hued, Who reaps her crowning dividend, A healthy, happy brood?

But naught will change, I'm well aware, As these few words I pen, As long as mothers everywhere, Keep giving birth to men.



What Is Poetry? By Alora M. Knight There is more to poetry Than rhythm and rhyme. It's a window to our souls, Undiminished by time.

*It's where tears and joys* Are clearly expressed. It's the thoughts that ordinarily Might be repressed.

It can be set to music, Increasing its worth, Sending joy to the heavens That encompass the Earth.

You can make almost anything Become immortal *By poetic words* Sent over the portal.

So put down your thoughts When you have inspiration. You'll be adding your part To the whole of creation.





**My Rainy Day** 

### Jack's **Philosophy Of Life By Jack Boss**



**PRIORITIES:** When you have a number of things to do, make a mental or written list and set them up in order of importance. The most important item is #1 on the list and #2 is

the next most important and so on down the line. When I say the most important, I mean the most important at the moment of making the list. It may not turn out to be the most important when you get around to doing it. You may do one from the middle of the list first because that became the most important due to timing or necessity. Making this list helps you do things in an orderly fashion and gets them done on or before the time they should be done.

**HABITS:** The things we do and the way we think is 98% habit. These habits are created subconsciously. Such as: we have to make a decision. Once we make that decision, we have started a habit. The next time we have to make a decision in the area we made the first decision, we will no doubt do the same thing we did the first time. Because the habit was started, we will then be making the habit stronger, more entrenched. The object, of course, is to create good habits. These little philosophies are good habits. If you can learn and practice them, I am sure you will enjoy life as much as I have.

An example of creating a habit: as kids grow up, they want to be like adults and do what adults do such as smoking. When kids hang around together in a group, they all like to be like the others. They are afraid to be thought of as different. This is known as peer pressure. So, when a few start smoking, the rest feel they have to follow. It is the wise and strong who knows his or her own mind and knows what is right and what is wrong. At first, when you smoke, it is terrible, it tastes awful, it burns. When you continue, you get used to it. After a while, it becomes a habit and it is very difficult to stop. It even becomes automatic. There are some people who will take a cigarette from a package, light it and not realize that they did so. Every time you smoke a cigarette, the habit is becoming stronger and deeper and therefore, more difficult to break. The object, of course, is to create good doing, thinking, and health habits. They will become automatic and you will always be feeling good and elated because most everything is going your way. You are healthy due to the proper habits you have established and, when you are healthy, you have no aches and pains to take away from feeling good.

#### By Ruth Weinstein

Today is June 7th, 2018 and because it is Thursday, I have spent the hours of 11:30 AM - 2:30 PM at Broward Collage Library. Thursday has been my "Volunteer Day" at this library for many years. This day started as a lovely Florida sunny day. At about 1:00 PM, the clouds

and thunder got progressively louder and before I knew it, it was pouring rain. By 2:15 PM, the rain was unbelievably loud and pouring non-stop.

As I thought about how to get home to Wynmoor, I looked out the door and low and behold, at the curb, was the Wynmoor bus waiting for me! I was the only passenger! As I started to slop and wade through the puddles, there came Stuart, thoughtful, kind and carrying that big umbrella to escort me safely home in wet shoes and pants.

I am writing this to publicly commend Stuart for his good humor and safe driving and to express my public "thank you" that I appreciate in an especially miserable weather condition.

To Stuart and Wynmoor, again, many Thanks!

#### Dear Wynmoor Residents,

In the June issue of the INSIDER, we published an article "Mentors Needed" by Roz Greenberg. We wanted to let you know that the article was actually submitted by Kenneth Newman and not Roz Greenburg. We apologize if anyone's feelings were hurt!

#### **MODERATION:**

This, I think of more strongly than anything else (my father taught me moderation). In the things you do and think, if you are somewhere near the middle of the road, you won't get hurt. You will find the times you are apt to suffer is when you are being extreme. Too much drinking, driving too fast, diets that are too stringent, getting too far away from the conventional, just do not stray too far from the center.



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## Stampeding Bull Market May Slow Down...So Be Prepared

As you know, we've been enjoying a long period of steadily rising stock prices. Of course, this bull market won't last forever and when it does start losing steam, you, as an investor, need to be prepared.

Before we look at how you can ready yourself for a new phase in the investment environment, let's consider some facts about the current situation:

• *Length:* This bull market, which began in 2009, is the second-oldest in the past 100 years and it's about twice as long as the average bull market.

• *Strength:* Since the start of this long rally, the stock market has produced an average annualized gain of 15.5% per year.

While these figures are impressive, they aren't necessarily predictive so how much longer can this bull market continue to "stampede?" No one can say for sure, but there's no mandatory expiration date for bull markets. In fact, they don't generally die of old age, but typically, expire either because of a recession or the bursting of a bubble, such as the "dot.com" bubble of 2000 or the housing bubble of 2007. Right now, most market experts don't see either event on the near-term horizon.

Still, this doesn't mean you should necessarily expect an uninterrupted streak of big gains. Some signs point to greater market volatility and lower returns. To navigate this changing landscape, think about these suggestions:

• *Consider rebalancing your portfolio*. If appropriate, you may want to rebalance your investment mix to ensure you have a reasonable percentage of stocks. This will help provide the growth you need to achieve your goals and enough fixed-income vehicles, such as bonds, to help reduce your portfolio's vulnerability to market volatility and potential short-term downturns.

• Look beyond U.S. borders. At any given time, U.S. stocks may be doing well, while international stocks are slumping and vice versa. So, when volatility hits the U.S. markets, as it surely will, at some time, you can help reduce the impact on your portfolio if you also own some international equities. Keep in mind, though, that international investments bring some specific risks, such as currency fluctuations and foreign political and economic events.

• Develop a strategy. You may want to work with a financial professional to identify a strategy to cope with a more turbulent investment atmosphere. Such a strategy can keep you from overreacting to market downturns and possibly even help you capitalize on short-term pullbacks. You could invest systematically by putting the same amount of money in the same investments each month. When prices go up, your investment dollars will buy fewer shares, and when prices drop, you'll buy more shares. The more shares you own, the greater your potential for accumulation. However, this strategy, sometimes known as dollar cost averaging, won't guarantee a profit or protect against all losses, and you need to be willing to keep investing when share prices are declining.

During a raging bull market, it's not all that hard for anyone to invest successfully. But, it becomes more challenging when the inevitable volatility and market downturns appear. Making the moves described above can help you keep moving toward your goals, even when the "bull" has taken a breather.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. See our ad on page 39.

## **Freedom From Bladder Problems**

Hi!!! My name is Evette Weiss, I use to wake up 2 or 3 times a night to go to the bathroom. After treatments from Dr. Herman, I now sleep 7 or 8 hours per night without waking up to go to the bathroom. I had been leaking urine when I laughed, coughed or sneezed, but I no longer suffer from this problem. My goal is to help other men and women who may suffer from this embarrassing situation.



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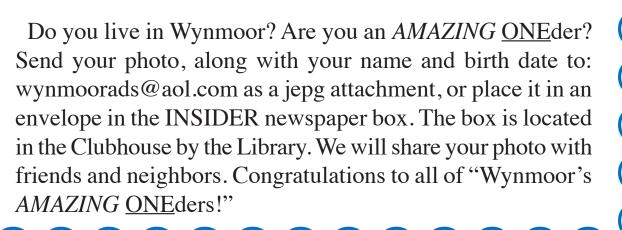
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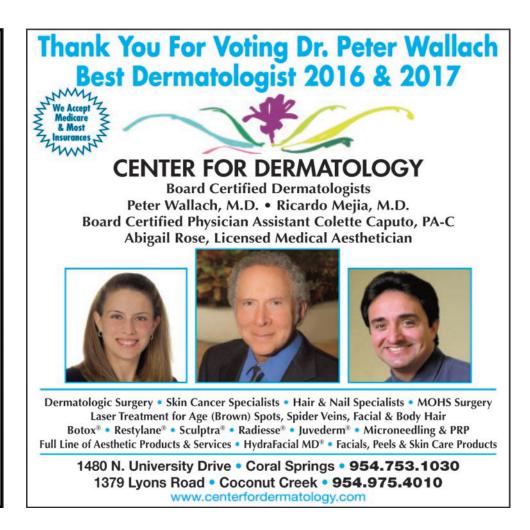
Something *AMAZING* is happening in Wynmoor! People are living into their hundreds. Is it their genes, or are they enjoying life here too much? Whatever the reason, we want to applaud you, for being one of "Wynmoors *AMAZING* <u>ONE</u>ders!"



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Theater season has slowed down a bit. Broward Center's Broadway Series has ended the season with "The Illusionists." The 2018 - 2019 season resumes in October. The great "Phantom of the Opera" will open the season from October 10th - 21st. "The King and I" will play in November, and the long awaited "Hamilton" will play in December. You might not be too happy about ticket prices to "Hamilton," which will start at \$445! Yes....\$445! It is sure to be a sellout at any

price! These shows are the crème de la crème of great American Theatre, so order tickets as soon they go on sale. Call the Broward Center at 954-462-0222.

The Broward Stage Door Theater, currently on Sample Road in Coral Springs will be moving in August to a new location. The last show on Sample Road in Coral Springs will be "Breaking Up Is Hard To Do," playing from July 6th - August 12th. Featuring the songs of Neil Sedaka, "Breaking Up" is set in a Catskills resort in 1960. It is the sweetly comic story of two friends from Brooklyn in search of good times and romance over one wild Labor Day weekend. The score highlights 18 Neil Sedaka classics, including "Where the Boys Are, Sweet Sixteen, Love Will Keep It Together" and many other familiar Sedaka songs. Aaaahh...how many remember those fun days of our youth??

The first show at Stage Door's new theater will be "La Cage Aux Folles," playing August 31st - September 23rd. Stage Door's new home will be the Lauderhill Performing Arts Center, 3800 NW 11th Place in Lauderhill. The box office number will be the same: 954-344-7765. Location: State Road 441 and Sunrise Boulevard. Ticket prices will be the same. We all wish the Stage Door the best of luck in their new home and look forward to seeing their productions in the upcoming season! See you next month!





### The Spoken Word By Selma Glass

"All The World Is A Stage And All In It Are Players" - words of the Great Bard. Theater was created by the Greeks, and performed in the Parthenon, all citizens

rich, poor, educated, uneducated, young, old, sat enthralled. Theater was created to be a catharsis, a place where people could feel all emotions and react. The Greek audiences would clap and laugh and cry and yell, releasing their emotions and reacting to what was going on. and 50's on Broadway sparkled with wonderful musicals and innovative dance techniques, combining ballet and modern dance with jazz but there was more to theater in the Golden Age of Broadway. There were great playwrights: Eugene O'Neill, Noel Coward, Tennessee Williams, Arthur Miller, William Inge, to name a few. Audiences flocked to hear the poetry of O'Neill and Williams, the reality of Arthur Miller, and the sophistication of Noel Coward. They laughed and cried to the spoken word, the prolific language of emotions

Theater was an opportunity to learn about the world, about how other people reacted to their circumstances. It was also historic, as Shakespeare wrote about royal families, about heroes and heroines, royalty and treachery, murder, love and laughter.

The tradition of theater has survived these many hundreds of years, although changing in form in many ways. Theater today is music and dance, pyrotechnics, and glitter, but something has been lost to a great extent, and the spoken word.

The Golden Age of the 40's

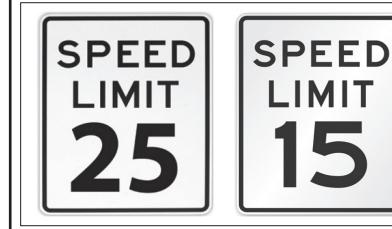


and the dynamic characters created by these playwrights. Many of these theater plays were made into hit movies and won Academy Awards. Many of the actors and directors won Academy Awards. Many of these movies and plays were revived repeatedly.

Now, I have something to present to you, folks. In today's modern tech and computer world, would these playwrights be acknowledged and appreciated as they were in their day? Is "The Spoken Word" in theater a by-gone Era? Or does it still survive? You decide...

## FIND OUT WHAT'S HAPPENING IN WYNMOOR!

Come to the Management Meetings every Tuesday morning at 9:00 AM in the Multi-Purpose Room, located by the Main Pool. Comments and questions are welcome during Good and Welfare.



## **Traffic Violations**

The speed limit on Wynmoor Circle is **25mph**. The speed limit in the villages is **15mph**. There is absolutely NO PASSING on Wynmoor Circle ad all STOP SIGNS MUST BE observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations**.



### **Gentle Reminder To Activate Your Reset/Renewal Button!**

Dear Readers,

For the past several years, my psychic gifts have expanded. I get very strong feelings, like an intuition or I will hear a phrase or message that is meant for me to share with someone specific. For months, I did nothing with these nuggets of insight. These messages gave me an inkling into what my fellow human friends were feeling and if they didn't share it with me directly, it felt a bit intrusive and mildly insane for me to just reach out and announce "hey, this may sound crazy, but I got this message for ya from the other side if you're interested! If it's helpful, great, if it's not, then just forget I mentioned it!" But, as time went on, the messages were interrupting my own desired stream of consciousness and often took on a repetitive plea, so I took a risk and started to share my insights as they came to me. Keep in mind, I do not ask for these messages, rather they pop into my awareness like a quick commercial during a movie.

I am so grateful and clear when the messages are for me regarding my family. I consider these messages as answered prayers to an inquiry or helpful advice from one of my guardian angels. I also get regular messages about people other than my family or even close friends. I have come to understand and believe that we all have "Spirit Guides" that wish to help us navigate on this earthly journey and by being open, we can be channels of communication from the other side for ourselves and others.

One of the ironic aspects of receiving these messages is that I don't need to understand them fully as I'm merely the messenger. It is fascinating to me to take the risk of appearing crazy, share what message I have received with the intended person and watch with pure amazement the value, validation, and relief the information provides.

So, a few weeks ago I was having lunch with a dear friend who is going through several recent life transitions (death of her spouse, ailing health of a parent, children getting older, career shift etc.), and this overwhelming feeling of RENEWAL came over me as a message for her. Initially, it did not make any sense because clearly any human undergoing what she is going through, would register as "off the charts" on any psychological stress test! *If you are curious as to your own quantifiable level of stress, as measured by 43 life events, please check out The Holmes and Rahe Stress Scale Survey at https://www.mindtools.com/pages/article/newTCS\_82.htm* 

At first, I ignored the message of renewal. After all, I was enjoying my salad and the sweet exchange of tender support we were basking in. My intention of having lunch with her was to offer emotional support for her grief, not to be some sort of Pollyanna spewing optimistic enthusiasm for a future unclear and unplanned for! Yet, I couldn't ignore this pulsing awareness that she was at a unique crossroad of her life. As a dutiful, devoted wife of nearly 3 decades and mother for nearly 2 decades, she was now embarking upon a new terrain, where for the first time in her adult life, she could truly check in with her own needs and desire first. Even the family dog had recently learned how to let himself out to their fenced in backyard. So, as I finished my salad, I said to her, "you know, there is this odd feeling coming over me that you have this huge and wonderful RESET button that is all for you and NOW is YOUR TIME to activate it!" As soon as the words came off my lips, ripples of chills raced up my spine as if to validate this was indeed a message and not my own opinion! Before I could speak again, my friend's eves watered with relief as she confirmed she too had been feeling HOPE-FUL, even in the midst of deep grief and longing for her husband. She had this inner peace that was just beginning to reveal itself, like the subtle light during the dawning of a new day, that gives just enough light to inspire and awaken without begging to be dealt with. We talked about how at different life stages, especially as we grow older, and when our children leave our nests to begin their own, we can hit the RESET button of our lives and get on a course that is more in alignment with our own personal needs and visions.

During my sleep that night, I kept hearing the message again, only this time, it was meant for everyone. The message is that we all have a RESET/ RENEWAL button that can be activated in any moment of any day! It is not only for a crisis, or a certain stage of life or a special occasion! It is the gift of reconnecting with our Source, our Core, our God, our True Nature, our Eternal Selves. It can be activated by simply closing our eyes, tuning inward, and taking a deep cleansing breath.

So, go ahead, RESET and RENEW! Breathe in life and let go of all that no longer serves your higher good! Much love, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker. Connect with her at dianalynnstone@me.com or visit her website: www.dianalynnstone.com



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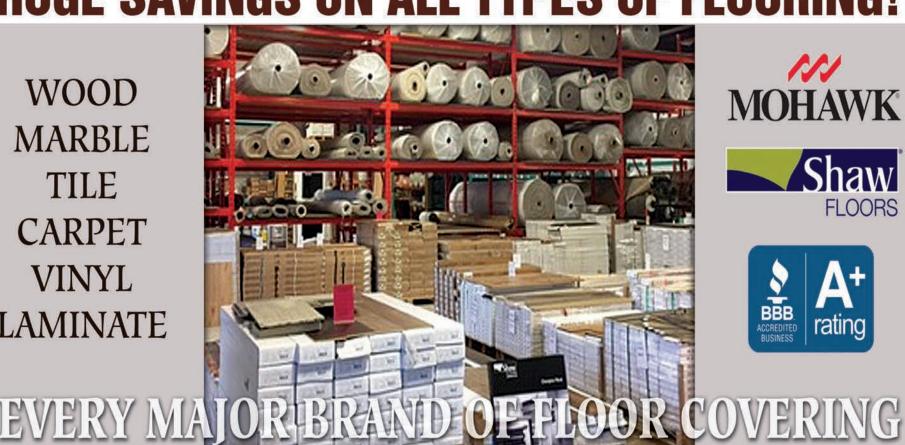
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all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

## **Oliver Twist**

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The remaining letters spell an additional summer item.																							
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#### **Crossword Puzzle** 12 13 10 14 15 16 17 18 19 22 20 21 23 24 25 26 28 29 30 31 27 32 33 35 34 38 37 38 39 41 42 40 43 44 45 46 50 47 48 49 54 51 52 53 55 56 57 58 59 60 61 62 64 63 65 66 67 68 69 70 71 ACROSS 47. Solidify 11. Submarine 1. Celebrities 49. Female deer 12. Metaphor or 6. Breezed through 50. Blend hyperbole 10. Cashews and 13. Anagram of "Doles" 51. Agree 54. Rapscallions 21. Flavor almonds 56. Blacken 14. A nine-piece 25. Greasy musical group 57. Typographer 26. Wanes 15. Bit of dust 63. Hindu princess 27. Mongol hut 16. River of Spain 64. Owl sound 28. Dwarf buffalo 17. Daisylike bloom 65. Bouquet 29. Lurching

Puzzles

- 18. Add
- 19. Not warm
- 20. Relating to
- postage stamps
- 22. Sexual assault
- 23. Trim
- 24. Absolutely still 26. Nestling hawk
- 30. South southeast
- 31. Sharp high-pitched
- cry 32. A lightly-hit
- baseball 33. Armored vehicle
- 35. Door fasteners
- 66. Weightlifters pump this 67. Backside 68. Garden bulb 69. Remnant 70. Lascivious look 71. Clairvoyants DOWN 1. Break 2. Nonsense (British) 3. Against 4. Bobbin 5. An elongated leather
- 34.1000 meters 36. Coagulate 37. Flightless bird 38. Stigma 42. Oceans 45. Obese 48. Deadly 51. Harsh 53. Small boat 55. Chairs 58. Bygone era 59. Not false 60. Lacquered

metalware

61. Arab chieftain

62. Whacks

40. Accomplishment 52. Small trout-like fish

39. Diversify 41. Pleasant 43. Platform 44. Glen 46. Hawkeye State

6. And 7. An Irish girl 8. Decorative case 9. Catch sight of 10. Cemetery

strip

#### WORD or Two a

#### Word: defenestration

**Definition:** a throwing of a person or thing out of a window

Example: Although *defenestration* may seem an appropriate response to an alarm clock set for too early an hour, the demise of the device does not change the hour of the day.

Word: mantic

Definition: of or relating to the faculty of divination

Example: The magician mesmerized the crowd with her sleight-of-hand

tricks as well as her *mantic* predictions.

### **A Pleasant Sojourn In The City Made Famous By Abraham Lincoln By Barry Isaac**

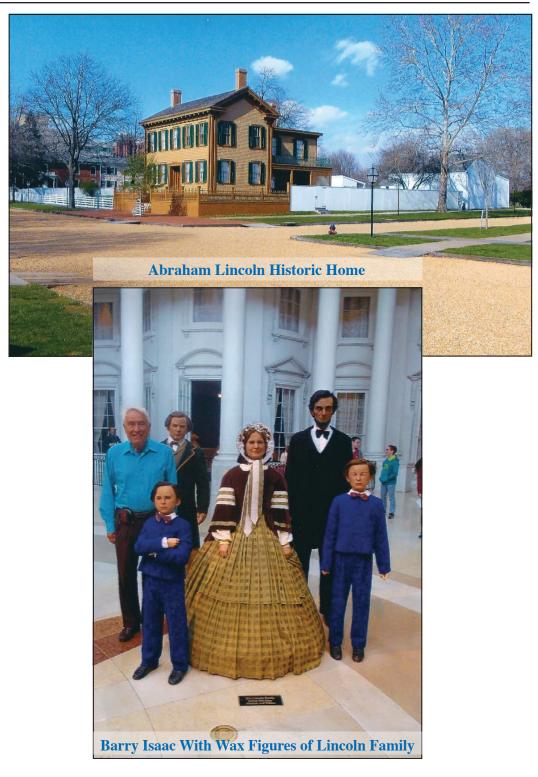
On my recent trip to the Midwest, I took the Amtrak train from Saint Louis to Springfield, Illinois. I spent a productive day in Springfield, Illinois, a medium-sized city, and Capital of the state of Illinois. I started my visit by walking from the Springfield Amtrak Station to the Abraham Lincoln Presidential Museum and Library.

At the Abraham Lincoln Museum, I learned about the early life of Abraham Lincoln in Kentucky and Indiana, his struggles to achieve his goals in life, his days as a prominent Springfield legislator and lawyer, his abhorrence of slavery, and his rise to the Presidency of the United States.

There were colorful displays, pertaining to important events in the life of Abraham Lincoln and his family. There was a fine temporary exhibit, acknowledging the achievements of the other Illinois-associated presidents; Ulysses S. Grant, Ronald Reagan, and Barack Obama. I then went to the Lincoln Presidential Library, reserved for historic researchers and I saw a fine oil painting depicting Lincoln's devotion to study by William Morton Rice.

I then preceded to go the Historic Home of Abraham Lincoln, run by the United States Park Service. At the Lincoln Home, I saw the Parlor, Lincoln's Study, and the bedrooms of Lincoln, his wife, and children. Most of the furniture in the Lincoln Home was original. It was the only home Lincoln ever owned. Although Abraham Lincoln eventually became prosperous, he remained a man of simple tastes. The area near the Lincoln Home has been restored to the way that it looked before Lincoln was elected President of the United States.

During my brief stay in Springfield, Illinois, I also visited the Old State Capitol, where Lincoln often spoke out against slavery in the United States and where Lincoln lied in state after he was assassinated. I also visited the current Illinois State Capitol and appreciated its magnificent architecture. My visit to Springfield, Illinois was a fine lesson in American History.







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I just wanted to take a moment to let you know what a wonderful experience I had working with Bonnie Berg. Considering she is a seasoned vet in the business for many years, she went the extra mile for my client Patricia Botero. She took the time to meet with us, review the paper work we felt explained why Ms. Botero had issues with the association approval process. She then took the necessary steps to meet with the "powers that be" and explain on her behalf. My customer and I are extremely grateful. This deal would not have closed had Bonnie not gone to bat for us.

She is a lovely, caring hard working woman and it would welcome the opportunity to work with her on future transactions. It's always a pleasure working with someone who cares and understands how collaborative the business truly is.

I know it's not often that brokers receive good news and compliments from agents about other agents but this experience changed someones life and we couldn't have done it without Bonnie!

Warm regards,

Marlena Martino

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Thirty to sixty *million* buffalo roamed freely on the Great Plains, from Canada to Texas at the beginning of the 1800s. By 1885, only a few hundred survived in what is now Yellowstone National Park. What happened? The thunderous pounding of thousands of hooves shaking the ground for miles must have been a joyous life refreshing sound for the natives who lived on the plains. Buffalo was the life source for these first inhabitants. Every piece of the American Bison provided meat, tools, clothing, shelter, weapons, bedding, canteens, combs, toys, and hundreds of other useful items for the aboriginal people.

Unfortunately, these gentle beasts grazed the prairies with their young, oblivious to their coming destruction. Native Americans hunted them only for their immediate need. However, the arrival of Europeans spelt their near annihilation. Sportsmen came and killed thousands and thousands just for the pleasure of watching the beasts fall. A few trophy heads were taken, but for the most part, the carcasses were left to rot in the hot sun. Entrepreneurs followed and killed for the money that bison meat, bones and hides provided. Settlers got in the act and collected bones left behind for use in making fertilizer, fine china, and refining sugar.

It is reported that, "one firm in St. Louis traded 250,000 hides this year. The demand for bison skins escalated as a Pennsylvania tannery began commercially tanning bison hides. With this newly discovered tanning process, bison were now hunted year-round. By 1871, an average of 5,000 bison were killed each day, every day of the year, as ten thousand hunters poured onto the plains...Auctions in Fort Worth, Texas were moving 200,000 hides every day or two. One railroad shipped nearly 7 million pounds of buffalo bones."

After General William Tecumseh Sherman burnt Atlanta during the Civil War, he implemented a "scorched earth" policy as he marched his troops from Atlanta to Savannah, Georgia living off the land with few supplies. After the war, he was transferred out West. He and other army officers assaulted the native population by using this strategy to starve natives and force them onto reservations. The army adopted the scorched earth by killing the buffalo that provided the Plains Indians with food. One example of this was when "Sitting Bull" fled with his tribe to Canada to escape the army after their victory against General Custard and the 7th Cavalry at the Battle of Little Big Horn.

To make the Indians pay, the army patrolled the border between the U.S. and Canada, killing any buffalo that "Sitting Bull" and his people might use for food. After four years of starvation, the Sioux left Canada and returned to reservations in the U.S. to begin a life of dependency on the U.S. govern-

ment. It turned out to be a short-term victory for the U.S.

The gentle beast was almost gone. From nearly 60 million to only a few hundred by 1885, the buffalo were nearly eradicated from North America. Now, they are a protected species and approximately 300,000 - 500,000 exist in the United States. Tourists can travel West and see herds once again roam freely in a few national parks and wildlife refuges. To complete the experience, bison burgers and steaks can be bought at nearby restaurants or the product can be mailed frozen to anywhere in the U.S. In 1913, the nickel was stamped with an image of the buffalo on one side and the portrait of an American Indian on the other side. Those images were replaced in 1938 with the portrait of Thomas Jefferson and Monticello. There was no outcry for the change. Perhaps in the future, the buffalo will be duly recognized for its contribution to the first settlers in America and the buffalo's significance in American history. Even though I am not gambler, I would not bet a plug nickel on it. Questions and comments can be addressed to Phil at chooserightly.com





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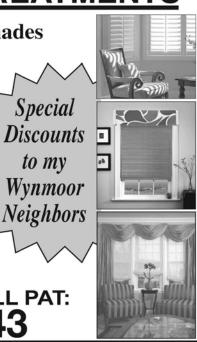




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## If You Now Have Equity In Your Home, Consider Doing A Trust

By Martin Zevin, Attorney

In 2012, I wrote an article recommending against doing a Revocable Living Trust if you were "underwater" with your mortgage. Many of my clients had bought or refinanced from 2004 to 2006 at the top of the market.

However, the last six years have seen significant increases in property values. This has resulted in many homeowners now having positive equity. If prices continue to rise, many more homeowners will have some positive equity.

In the article I wrote in 2012, I advised clients to live long enough to see their properties increase in value to exceed the amount of the mortgage. At that time, they could come back to me to discuss a Revocable Living Trust. That time is now here.

Without equity in your home, it does not make sense to pay an attorney the fee and costs involved in creating a Trust, since you would be burdening your heirs with a property that has a negative equity. However, once that equity turns positive, you are doing your heirs a favor by eliminating the time and money involved in going through probate. Probate can take a year and cost thousands of dollars in fees and costs.

Remember also that the Trust is called a "Revocable Living Trust." This means that, if you are alive, the Trust remains with you. You can always sell your home and buy a new home as Trustee of your Trust. You do not



need to change the Trust unless you want to change the beneficiaries for the new property. You can also buy additional properties, in Florida or out of state, as Trustee of your Trust.

Therefore, if you now have equity in your home, you should seriously consider creating a Trust. Transferring your home to the Trust will not change your homestead or your real estate taxes.

In addition, regardless of the equity in your home, it is extremely important to have current advance care directives to protect you if you are incapacitated. These include the Durable Power of Attorney (which must specifically include the address of your property) as well as the Designation of Health Care Surrogate and Living

Will. New Florida laws could mean that your current documents need to be revised.

Please feel free to call me for a free personal or phone consultation regarding any issues pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for free consultation regarding personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com **See add on page 21.** 

We no longer have permanent guest lists. Be sure to update and submit your Emergency Contacts (limit 3) to Association Affairs. **954-978-2600 Ext. 342** 



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## An In-Depth Look At The **Dirty Dozen And The Clean 15**

#### Television's Dr. Oz and Cleveland Clinic's, Dr. Roizen, report on health, wellness and quality of life.

Lee Marvin, Ernest Borgnine and Charles Bronson were ranked as the top three members of the Dirty Dozen when the film premiered in 1967. Since then, thanks to the Environmental Working Group's annual report on pesticide levels in fruits and veggies, we've come to learn that there's little star power in that ranking, at least when it's applied to the produce we eat.

The EWG makes it clear that there are measurably risky pesticide residue levels in our food supply, even though since 1993 (and before) the government has known how toxic they can be. As a result, there have been serious repercussions: A study in JAMA last year found that a woman going through assisted reproductive technologies who eats two or more servings a day of high pesticide residue

fruits and vegetables, reduces her chance of a successful pregnancy by 26 percent! Also, a 2015 study found that men seeking fertility-enhancement treatment who had the highest level of pesticide residue in their blood, had the most compromised semen quality.

The EWG Annual report on the foods with the highest pesticide residue and, thank heavens, the adjoining report on the Clean 15 can help you select the most healthful foods. Hint: You do not always have to buy organic!

The Dirty Dozen: In descending order, they are: strawberries, spinach, nectarines, apples, grapes, peaches, cherries, pears, tomatoes, celery, potatoes, and sweet bell peppers.

According to the EWG: "More than 98 percent of samples of strawberries, spinach, peaches, nectarines, cherries and apples tested positive for residue of at least one pesticide. A single sample of strawberries showed 20 different pesticides. Spinach samples had, on average, 1.8 times as much pesticide residue by weight as any other crop."

Although Environmental Protection Agency scientists recently reevaluated the evidence about the effect of organophosphate pesticides on a child's brain and behavior, they concluded that the pesticide chlorpyrifos was unsafe, EPA head, Scott Pruitt, canceled a scheduled chlorpyrifos ban and announced that the agency would not finish its safety assessment for chlorpyrifos until 2022.



The Clean 15: The fruits and veggies least likely to contain pesticide residues included avocados, sweet corn, pineapples, cabbages, onions, frozen sweet peas, papayas, asparagus, mangoes, eggplants, honeydews, kiwis, cantaloupes, cauliflower, and broccoli.

Less than 1 percent of samples of avocados and sweet corn had any detectable pesticides. More than 80 percent of pineapples, papayas, asparagus, onions, and cabbages had no pesticide residues.

#### Your Shopping and Eating Guide:

1. All veggies and fruits (including triplewashed packaged greens) should be wellwashed before eating.

2. Eating fresh fruits and veggies is SO HEALTHFUL that you do not want to KO

them from your diet. Opt for organic versions of the Dirty Dozen when you can, and certainly if you plan to get pregnant within the year or are pregnant or nursing. Aim to eat seven to nine servings of produce daily.

3. Indulge in the Clean 15! Cruciferous veggies like broccoli can help you battle cancer and keep your gastro system moving along. Avocados contain healthy fats and help stabilize blood sugar (stick with 1/4 avocado per serving). Papayas deliver serious digestive benefits with their enzyme papain, and their polyphenols such as beta-carotene while can help fight off cancer, diabetes and asthma.

4. Get informed about pesticides on organic veggies. In reaction to the EWG report, there's been agra-biz blowback (brother, is there blowback!). Pesticides used on organic crops include sulfur, lime sulfur, mineral oil, copper-based fungicides, BT (Bacillus Thuringiensis) and other live biologicals. Those pesticides leave a minor residue on produce, but the Department of Agriculture says that they're nontoxic. While synthetic chemicals like pheromones are organic-allowed, these are substantially different from the toxic synthetic pesticides used in conventional farming.

So, dish up that salad, fruit cup and plate of steamed veggies. They are key to a healthier, longer life and a younger RealAge. \* \* \*

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# Wynmoor Pool Team Continues Strong

By Bob Horowitz

Wynmoor's Team in the South Florida Senior Pool League (SFSPL) has started the Summer season with winning its first five games and are in first place.

There are 12 communities that have teams in the SFSPL; Cascade Lakes, Valencia Palms, Venetian Isles, Lakes of Delray Banyan, Bellagio, Avalon Estates, Huntington Pointe, and Century Village Boca.

Teams play on Monday nights, rotating locations among the communities. 3 tables are used by teams of two. Wynmoor Administration reciprocates with the league by allowing visiting teams to come into Wynmoor as our guests. Visiting teams are 6 to 8 players.

## May 2018 Weekly Open 9-Ball Tournament results: May 2, 2018:

Andre continues to amaze everyone with his winning the tournament multiple times in the last few months with only playing on the tournament day with no practice time between the competitions. Andre was the 9-Ball winner. Tony is back in the winners' circle after winning the 8-ball portion of the Wednesday night competition, with excellent "shot-making skills" and very good cue ball control.

### May 9, 2018:

Rich, while in Florida on a short vacation trip, stopped in the Billiard Club and won the 9-ball event with speed and accuracy. One of the fastest players at the club, he went undefeated. Bob played his usual strong game to come in second.

In the 8-ball part of the tournament, Jules was the winner, due to his "shotmaking skills" and "take no prisoner" attitude. Bill was second and getting better with each tournament.

### May 16, 2018:

Tony won the 9-ball event undefeated. Linda was second, with only one loss. In the 8-ball, it was Jon (on left in photo on bottom) taking down the first prize with Norman, a close second.

### May 23, 2018:

Tommy won the 9-ball and 8-ball event, with solid play in both finals. This just gives more credibility to the saying "he/she rose to the occasion."

I firmly believe, that in any sport, when you are faced with championship match, semi-finals, or finals competitions, it will bring out the best or worst in a player. Richard was second in 9-ball with a "never give up" attitude and is always in the running. The runner-up in the 8-ball portion was Bob. Join us every Wednesday night starting at 6:00 PM for open 9-ball

play. This is open to all levels of players from beginners to advanced.

# Congratulations!!! To Our Winners, In No Particular Order Below!















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## **Our Partnership With The Dan Marino Foundation:**

The Broward County Property Appraiser's Office is excited to partner with the Dan Marino Foundation to host a meaningful internship program for adult students with developmental disabilities. This intern initiative was designed to provide eight students with on-site practical experience and training in areas related to their specific field of study.

Utilizing the valuable skills learned during the internship, the interns working in our Customer Service Department, are now able to assist homeowners with processing exemptions and researching exemption eligibility. Under the guidance of one of our Customer Service Representatives, one of our interns helped property owners file for Homestead Exemption and explained the benefits of this important tax-saving exemption.

The interns in our IT Department work with our staff setting up computers, replacing toner cartridges throughout the office, backing up data files and answering help desk requests from our appraisers. Our Residential Department is fortunate to have two interns who have been researching property information to assist our Value Adjustment Board team. With supervision, these interns have been pulling comparable sale information and researching characteristics of various comparable properties. After compiling this data,

they organize the information into packets for our team members to review and approve,

and then use as they prepare for Value Adjustment Board hearings.

BCPA is fortunate to have each of these interns and their job coach working side-by-side our staff through a hands-on approach to gain valuable job skills. Our sincere appreciation to the Dan Marino Foundation for partnering with BCPA on this important endeavor. My staff and I look forward to continuing this partnership.

### **Exciting News Coming From Our IT Department**

Our IT Department has been hard at work developing a new and improved website. This website will be responsive to both tablets and phones, meaning you will have access to important property information wherever you may be. The website will still contain all the important information you are accustomed to but include modern search features, easy to use applications and additional data specific to each property. We are in the testing phase of this website and will be sending it out to various stakeholders in the community for beta testing in the coming weeks.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at 954-357-6904 or by email at martykiar@bcpa.net

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The Magnet Program at Coconut Creek High School is looking for volunteers to help teachers and students achieve life skills, business skills and/or continuing education, which will prepare them for their future after graduating in the Medical Field. Call Roz 754-205-3283 or Myrna 954-978-6451 for more information.





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# You Can Make A Difference By Madeline Daryadel and Roberta Mintz

Meet Roberta and Madeline: two Wynmoor residents who had an epiphany (a moment when you suddenly understand something) after attending a series of lectures about saving the planet on Earth Day, 2018 at the University of Miami. We realized the complexity of the problems(s), but we also understood that we, as individuals, could make a big difference by the simple choices that we make daily.

Mary, a great friend and cook, had invited us to dinner when her daughter was visiting from California. The conversation went from politics to personal then during a lull in conversation at the dinner table, we shared our adventure and thoughts about the series of lectures. Recycling became a hot topic at the table! Was it really working at Wynmoor? Everyone at the table had something negative to say. "All you have to do is look in your garbage room to see it isn't working. Sure, newspapers are in the blue bins, along with some plastic bottles and cans, said Debbie, but they are usually wrapped in plastic bags which are not biodegradable. So, what's the point?"

Can you believe a group of women were sitting around a table talking about recycling? By the way, we found out the next morning that some of our friends were still talking about it. That's when the idea to write this column was born.

There are 5,000 units at Wynmoor. Individually and collectively, we can make a difference. Time to talk about something besides the weather to our friends and neighbors. Just as we are sharing the recycling issue with you, you can do the same. It's contagious, in a good way. Be prepared to listen; most people will express the same concern. We know that the environment conversation is overwhelming. There are so many issues: global warming, the air and water pollution, the rising ocean, however, you and I can make a difference, even if it's just separating our trash.

Why recycle? Good question! Recycling helps to reduce pollution and is very important as waste has a huge negative impact on the natural environment. Harmful chemicals and greenhouse gases are released from rubbish in landfill sites just like the one next door.

Let's do it for ourselves, our children, grandchildren and future generations. This is a global issue that affects everyone.

Next time you go to Publix, bring back those plastic bags that you are piling up and ask for paper bags or better yet, bring your own grocery shopping bags. Recycle your plastic and glass bottles (without the caps), your yogurt and cottage cheese containers (don't forget to rinse them out), breakup those cardboard boxes and buy items that are packaged in glass instead of plastic.

"Did you know the do's and don'ts are featured on www.mywynmoor.com/



recycling or check out the Recycling List I provided for you, following this column. Cut the list and paste it to your fridge.

Did you know that Florida is *not among* the states that have mandatory recycling laws? Only California, Connecticut, Delaware, Hawaii, Iowa, Maine, Massachusetts, Michigan, New York, Oregon, and Vermont have passed laws that establish deposits or refund values on beverage containers while other jurisdictions rely on recycling goals or landfill bans of recyclable materials.

Did you know it has been a year since California banned most stores from handing out flimsy, single-use plastic bags to customers. It was the first, and remains the only, U.S. state to do so. This momentous change was not a big deal but *Something to think about*.

Look for more thoughts next month on how we can all help save this precious planet for future generations. Ideas and comments are warmly welcomed. Just drop them in the Insider box inside the office near the library.

## My Wynmoor Recycling List:

- Newspapers, inserts, catalogs, magazines, junk mail, office paper, soft-covered books, file folders, soda cartons, and *crushed* boxes from items such as cereal, tissues, rice, and pasta
- Plastic containers such as bottles (without caps or lids) and milk, water, yogurt containers, detergent and shampoo containers (without caps or lids).
- Glass food and beverage containers
- Milk / juice cartons and drink boxes
- Aluminum and steel food and beverage containers
- Flattened Cardboard

### **Remember to:**

- Rinse all containers
- Remove newspapers from plastic delivery bags
- Remove straws
- Make sure all recyclable material is free of any trace of food
- Do not include containers used for bleach, oil, grease, household cleaners, medical waste, or microwave containers

### NO:

- **X** Rechargeable batteries
- **X** Containers used for bleach, oil, grease, household cleaners, medical waste or microwave containers
- **X** Plastic grocery bags (bring them back to the supermarket for recycling)
- **X** Light bulbs, mirrors, glass cookware or bakeware and ceramics
- **X** Glass from home or car windows
- **X** Paint and pesticides
- **X** Electronic waste and accessories (i.e. computers)
- **X** Medical waste and pharmaceuticals
- X Household garbage and waste, such as building debris, flammables, small appliances
- **X** Pizza boxes with food scrapes
- **X** Miscellaneous plastics (toys, cups, etc.)

# YOUR PERSONAL CONCIERGE Suzanne Fine

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# **Don't Trust Your Caller ID And Other Musings For This Month**

### **Caller ID:**



I was at a city event a little while ago and I had the pleasure of a Wynmoor resident wishing me a "Wynmoor Day!" We got to talking about crime prevention and he asked me if the bad guys could manipulate your caller ID? I said, "of course! They do it all the time!"

Now, I'm not sure how they do it but I'm not sure why the sky is blue, yet I know it's blue. Con art-

ists have "hijacked" land line phone numbers for utility companies, sheriff's offices, and police departments. When they call, it'll look like it's a local number. They'll even go as far as to research the names of the top brass at the sheriff's office or utility company and tell you that they are them. Usually, they'll call and demand money due to some "bill" or "fee" that they claim you never paid. It's just a scam. No utility company or law enforcement agency would call you up and threaten jail time for an unpaid fee or if you "never showed up for jury duty," another one of their favorite threats. So, if you get a call like those, just hang up.

### **Proper Medication Disposal:**

I was very impressed with the attendance at a recent Drug Take Back and

Document Shredding Event we did with the Broward Sheriff's Office on a recent weekend in June. Cars were lined up as far as I could see! I always get the question after one of these events, "what do I do with any medications I want to get rid of if I missed the Drug Take Back?" Well, the first thing I would encourage you to do is talk to your pharmacist. He or she may know of a drug disposal bin where you can place any unwanted medications. If you have any pills you want to get rid of, kitty litter is my favorite method! Yes, cat litter. Mix your unwanted pills with a nice amount of cat litter. Don't worry about crushing the tablets or capsules. You don't have to. Place the mixture in a sealed plastic bag, like a zip lock bag, and then throw it in your household trash. The one thing I don't want you to do is flush any medications down the toilet. That's bad for our water supply.

### **Document Shredding:**

If you couldn't attend the event and have some documents you need shredded, there are several places in Broward County where you can take them and have them shredded at an affordable price. You can also buy a decent home shredder at any local office supply store. The prices are coming down since at-home shredding is getting so popular.

One of my favorite tricks is to fill a bucket full of hot, soapy water. I place papers I want to shred into the water and let them soak for a little while. When I get them out I rip them up and roll them into little balls about the size of a golf ball and let them dry. Believe me, Superman wouldn't have the strength to peel one of those little paper balls open after they've dried! My information is safe! Have fun and I'll see you next month!



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**Register at Recreation** Office, at the pool. Monday-Friday, 8:00 AM - 4:45 PM 954-978-2600, Ext. 1

# **EXPERT COMPUTER HELP**

My name is Anthony. I am an A+ Certified Computer Technician. From beginners to advanced, I have been dedicated to helping Wynmoor residents with their computer problems since 1997. I support and repair all versions of Windows and Apple computers and wireless devices. My Specialties: Virus Removal, Popups and Spyware. Wireless Printing iPads, iPhones, Android Tablets and Phones, Email and over all computer maintenance. The only computer guy you will need!

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### Fourth Sunday, 5pm from the Country Club\*

July 22nd J. Mark's: American Fare; \$10.95: 954-782-7000

\*Reservations required at 954-978-2643, beginning 8:00 AM the Monday prior to Sunday departure. Voicemails NOT accepted. Not all restaurants feature early-birds. Tax & tip are extra.

## <u>Wynmoor Amateur Radio Club</u> By Ralph Trapper

The W.A.R.C. meets every Friday morning at 9:00 AM in the Multi-Purpose Room, near the Main Pool, and we meet all year round. At 10:00 AM, we move to the "Ham Shack," located in Room #118 on the West end of the Administration Building. Visiting Amateur Operators are welcome to operate from our station, just be sure to bring a copy of your "ticket" (License) along with you.

The Wynmoor Amateur Radio Club has returned to partial operating after repairs have been completed on the beam antenna. At this time, the decision to make repairs to the Vertical antenna (Covering 10 up to 75 meters) is still under review. We will advise all members via notice in the INSIDER and News & Views.

For further information, please contact Ralph Trapper, W9TWW, at 954-973-4329.

# News From Temple Beth-Am

By Toby Gordon

Our season is over! It is time to think of another season and another year! There are many activities planned at Temple Beth-AM by the Men's Club, Sisterhood and of course, the Temple. Watch for coming articles to highlight upcoming events. Remember, you do not have to belong to attend most of our activities. Of course, it is understood, that you will be welcome to attend any of our weekly Shabbat services: Fridays at 6:10 PM and Saturday mornings at 9:00 AM. We are looking forward to meeting you!

Now I would like to remind you that this is the time to show support of our Temple by renewing your membership. You can also purchase High Holiday tickets that entitle you to attend our many Holiday activities and Services. For more information about membership or tickets, please contact our office at 954- 968-4545. Also, check out our website at www.beth-am. org or come in. We are on the corner of Royal Palm Blvd. and Rock Island Road to speak with someone who can help you.

## Canasta Tournament By Ann Elkin

Players wanted! Please come and spend a beautiful morning and afternoon playing Canasta. Meet lovely ladies and win money also! We meet every Thursday morning at 10:00 AM in the East Wing. Entrance fee is \$5 to play. For more info, call Ann Elkin at 954-978-0911.



# **ATTENTION: WOMEN**

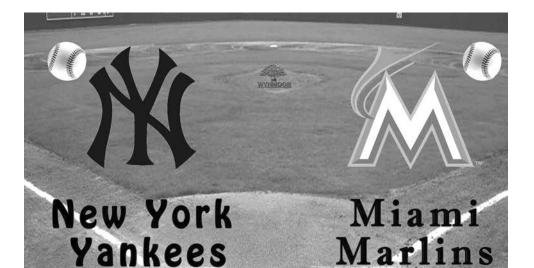
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Lunch includes: A selection of tea sandwiches (turkey on wheat, albacore tuna salad on mini croissant & cage free egg salad on white), a mozzarella caprese skewer, a fruit cup, a freshly baked tea pastry, a cranberry scone with orange marmalade & freshly brewed lemon mint iced tea.

For more information call Recreation at 954-978-2600, press 1. Register in the Recreation Office, Monday-Friday, from 8:00am-4:45pm or in the Country Club Business Center, Monday-Firday, from 8:00am-12:45pm & 2:00pm-5:00pm.

# Wed., August 22nd

First Pitch at 7:10 pm Cost \$60.00 Departs tract 1000 at 4:30pm Register Now!

For guestions, please call 954-978-2600, ext. 323. Register at the Recreation office, Mon. - Fri., 8am - 4:45pm <u>OR</u> Country Clubhouse Library, Mon. - Fri., 8am - 12:45pm <u>AND</u> 2pm - 5pm. NO EX

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# COMMISSIONER DISTRICT B OF COCONUT CREEK MIKKIE BELVEDERE



# MAYOR OF COCONUT CREEK JOSHUA RYDELL

Political Advertisement paid for and approved by Maria Markhasin-Weekes for Broward County Circuit Judge, Group 46, Non Partisan



ALL Wynmoor Clubs, regardless of name, are open to ALL Wynmoor residents. Dues may be applicable.

## All Year Round Club By Fay Mayer

At our last meeting, not only was our insides warmed by our breakfast but the rest of us was entertained by a delightful singer. A good time was had by all.

Aside from our interesting meetings, we are always planning social activities such as over-night trips, holiday dinners, member breakfasts, mystery trips, and the list goes on.

Why not join us on the second Sunday of each month, at 10:00 AM in the Grand Ballroom to see what we're all about?

If you are interested in our club or have any questions, please call me at 954-972-6748.

# **American Legion Post #170**

**By Ralph Trapper** 

The next meeting of American Legion Post #170 is scheduled for July 9th, 2018 at 7:15 PM in West Wing II, located at the Main Theater Complex. We are hoping to have a speaker for that meeting. Light refreshments will be served after the meeting.

We are continuing to return the previously issued Hurricane Network equipment each Monday - Friday, from 8:00 AM to 11:30 AM. The scheduled testing will be completed by July 2018 for the upcoming hurricane season. Keep watching for announcements in either the News and Views and/or The Insider.

For additional information, please contact Ralph Trapper, 1st Vice Commander at 954-972-4329 or Don Schwiesow, Commander at 954-984-6070.

### Billiard & Pool Club By Bob Horowitz



Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included; Karaoke Night, Comedy Club Night, Group BBQ, Club Pool & Billiard Tournaments, and other social events. Join us Wednesday nights starting at 6:00 PM for our Wynmoor Pool

Tournament. This is open to all levels of players from beginners to advanced.

For information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting, email WynmoorPoolClub@gmail.com, or come into the room and look for event sign-up sheets or ask for Co-Presidents, Ralph Rubin or Bill Brunie or Vice President, Bob Horowitz. You can also join our Facebook page "Wynmoor Poolclub."

**Free Pool Lessons:** Put your name on the pool lesson sign-up sheet in Pool Room or email us to schedule free Pool Lessons.

**Wynmoor Pool & Billiard Room:** All residents and their guests\* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. With boasting 14 tournament grade regulation size pool tables, 4 heated- billiard tables and one regulation snooker table, this club has been called, "the best Pool, Billiard, and Snooker venue, public or private, in all South Florida."

Players of all skill levels are welcome. The Room is open 7 days a week

seems.

On September 4th, the book to be discussed will be *The Art of Hearing Heartbeats*, by Jan-Philipp Sendker. This is a poignant and inspirational love story that spans decades from 1950 until the present.

For further information, call Laura at 954-917-7677 or Edythe at 954-978-9824.

## Bridge Club By Marilyn Johnson (from vacation in Atlanta)



Bridge players at all levels are always competing and learning. Here, at Wynmoor, we give our players plenty of opportunities to do both. We play sanctioned games on Mondays and Wednesdays at 6:30 PM in the West Wing and on Friday and Saturday at 1:00 PM in the East Wing. We play our social duplicate games on Tuesday at 12:30 PM in

the East Wing and Friday at 12:30 PM in the West Wing.

Congratulations to our members, Charlotte Salmansohn and Michael Gale for joining the 70% Club (74% game) and Nancy Starr and Sondra McCloskey for a 76% game.

Congratulations to Elliott Rappaport and Marvin Goldberg (North-South) and Penny Levin and Michael Gale (East-West) for winning the Club Open Pairs Event on May 18th.

Upcoming events: there will be a Wednesday night open game on July 11th and a Friday afternoon open game on July 20th. Our fan favorite, the "Birthday Game," will be played on July 22nd in the West Wing.

### Clay Sculpture Club By Martha Van Cleave

Come explore your creative talents in clay! Our club is open to all! No experience necessary!

Our club meets on Tuesday, usually around 12:00 Noon in the Clay Sculpture Studio, which is at the main clubhouse in the back, facing the golf course and just beyond the Billiard Room.

Please come by and check it out to see if you might be interested. Our club dues are \$10 a year if you decide to join. If you don't see anyone at the studio, please feel free to call me for more information at 954-971-3932 or email me at vancleavemartha@yahoo.com

### Current Events Club By Daisy Sheridan

Please come and join us at our weekly meetings where we discuss the current events of our times. We meet every Tuesday morning from 11:00 AM until 12:00 Noon in the Multipurpose Room which is located right near the entrance to the Main Pool.

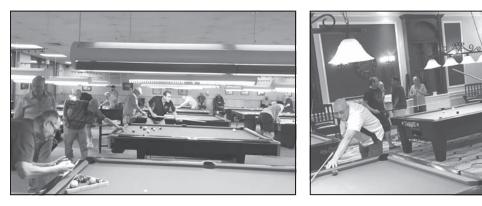


Our meetings are always most interesting and stimulating. You may stay a little longer to chat with old and new friends. There is never a charge.

All Wynmoor residents and their guests are most welcome.

Latin Women's Club

from 8:00 AM - 12:00 PM. Use of the room and tables is free to all residents. \* Free for residents. Guests must register and pay guest fee.



## **BOOKIES** By Edythe Rishin

Join us on July 3rd at 7:30 PM in Ballroom C as we start the holiday celebration with our critique of *City of Endless Night*, an old-fashioned murder mystery, by Douglas Preston and Lincoln Child.

Then, on August 7th, we will review *The Woman in the Window*, by A.J. Finn, a diabolically gripping drama in which no one and nothing is what it

### By Ana Agosto

We want to wish all our members and neighbors a joyful July 4th Holiday/ Independence Day. The Latin Women's Club is happy to announce that Audrey Legall, a member of our club, has offered to teach anyone in Wynmoor who is interested in learning "Functional Conversational Spanish" or "Functional Conversational English" for free. Please contact Minerva Nazario at 954-532-3156 if you're interested or need information about our club and its activities. The Latin Women's Club meets the last Tuesday of each month from 2:00 PM - 4:00 PM at Classroom 4 of the East Wing. Our dues are \$15 per year. Refreshments are served after each meeting. All our meetings are held in the Spanish language. If you are celebrating your birthday or anniversary, we wish you good health, peace, love, and many more years to celebrate.

### Needlework Click By Barbara Bilello

Our July meetings are on the 10th and 24th, the 2nd and 4th Tuesday of the month.

We meet in the West Wing from 1:00 PM - 4:00 PM. All Wynmoor residents are welcome. Please, if you have a neighbor or a friend, bring them along. We serve coffee, tea, and snacks. There are no dues, just smiling faces looking to meet new friends.

# **Clubs and Activities**

We just recently donated so many beautiful creations we have made for others to enjoy. Here is a brief list of who we donated to: The Nursing home got 10 Shawls, 11 lap blankets and 6 neck warmers. Respect Of Life received 2 dresses, 3 sweaters, 14 blankets, 9 hats, 4 preemie hats, 5 booties, and some mommy slippers. We also donated 50 chemo hats. If you have yarn that you don't use, we will be happy to take it. Just call Barbara at 754-222-6375.

Thank you to everyone that have donated yarn. As you can see, it all goes to great causes. Thank you especially to all our knitters and crochet people that are so busy!!

### Pickleball Club By Sandra Cohen

Did you know that Pickleball is the fastest growing sport in the country? Although people of all ages play the game and some even participate in local and national tournaments, it is most popular as a friendly competition and recreation with seniors.

Played on abbreviated tennis courts with a small, hard paddle and lightweight plastic balls, Pickleball is great fun and provides excellent exercise.

If you want to learn to play the game, and if you have time on Sunday mornings, come to the Pickleball courts for FREE lessons any Sunday from 9:00 AM to 10:30 AM. We even supply racquets and balls for the lessons. We hope to see you soon.



## **Tennis Club** By Shelly Propper

July is hot and humid but there are still tennis players on the courts both mornings and evenings. There are Round Robin games being played on certain courts in the morning while the other courts are available for singles or doubles play.

Night Tennis is still ongoing in the summer as well. Games are played on Mondays, Tuesdays and Thursdays, from 6:30 PM - 8:00 PM, with warm up time from 6:00 PM - 6:30 PM. The other courts

are open for individuals wanting to play with their own groups in the evening.

Bob Long runs Masters' Tennis on certain Friday evenings with additional events also available. Please check the boards at the Tennis courts for many exciting activities and join other Tennis Club members who take advantage of our great facilities at Wynmoor all year long.

### Queens Club By Buth Weinstein

# By Ruth Weinstein

A special event is happening on September 6th! Tickets are now available to see "La Cage aux Folles" in the new theatre on State Road 441 and Sunrise Blvd. There will be great entertainment with wonderful music.

Our next Queens Club meeting will be on October 7th at 10:00 AM in West Wing II. Come enjoy breakfast and entertainment. We will discuss upcoming events. For more information, call Ruth at 954-975-0515.

## Woodshop Club By Ernie Fleury

At our monthly meeting, Guy Zannini presented Cheryl Garfield with a \$2,000 check for the Murray Walstein Coconut Creek Scholarship Fund. Guy also presented Council President, Jackie Railey with a custom made pen by Karl Georgi in appreciation for her help and support in making the Wynmoor Woodshop the showplace of the Village.

## Writer's Workshop By Gus Loret-de-Mola

Have you ever felt the urge to write? Do you feel you have stories to tell or poetry that you have always wanted to create?

Would you like someone to listen to your writing and give you feedback on what you compose? Come to our workshop, Saturdays from 10:00 AM-12:00 PM in Card Room 1 at the Country Club. Enjoy the writing of others and have fun sharing your work. For information, call Gus Loret-de-Mola at 954-968-1082.

## Wynmoor Hurricane Emergency Net By Ralph Trapper



It's July 2018, and we've already had one named storm, Alberto, for this season. The forecasters are calling for another moderate to strong storm season, but keep your fingers crossed that Wynmoor will again escape severe storms.

We had our 2018 equipment issue breakfast on June 20th and we had a good turnout from both our operators of past years and

some new people interested in assisting their neighbors. Our first "On the Air" meeting will be July 11th at 7:00 PM.

We're still seeking a few good people to bolster our ranks. The commitment we ask is to check in most Wednesday nights for 10 - 15 minutes for radio training and to be available to serve **after** the event of an actual weather emergency.

If you'd like to assist us or you're a previous operator who couldn't attend the breakfast meeting for instructions, please contact Ralph Trapper at 954-972-4329 or Gerry Soloff at 954-973-4899.

## Wynmoor Rebels Bowling League By Les Resnick



WELL IT'S TIME. Stop thinking about it and come bowl with us and get some exercise. We will start bowling again Monday, September 17th at 10:00 AM at Sawgrass Lanes on University Drive in Tamarac. For the first day, we will meet at 9:30 AM. We would like you to join us. We'll need your contact

information to form teams. We have bowlers of all ages with averages from 60 to 160. All are welcome. We use a 100% handicap system that makes all bowlers equal.

Call me if you want to join us, would like an explanation of our handicapping system or if you have any other questions. We'll be bowling each Monday at 10:00 AM for 32 weeks (we get done a little after 12:00 Noon).

For more information, please call Les Resnick at 954-366-5352 or lresnick@ yahoo.com or Angela Hirshenson at 954-917-6961 or angelamartin810@ bellsouth.net



Everett Yankee was asked by Bill Lynch of Martinique Drive to convert the top of a French wine barrel to a lighted stained-glass table top.



Wine barrel top formed and cut to specs by Everett Yankee. Stained glass by Bill Lynch.

President Railey, High School Representative Garfield and Woodshop president Guy Zannini accepts scholarship money for Coconut High School.





Guy Zannini presents Jackie Railey with a pen made in the woodshop.

PHOTOS BY BARRY BURNS

### Wynmoor Video and Film Club By Enid G. Wolf-Schein

Things are quiet this time of year, but plans are still going forward with our "Wynmoor Short Film Festival" to take place Wednesday, January 30, 2019 at 7:00 PM.

We will start out with the films in the Country Club Lecture Hall and then there will be a reception with the Directors in Ballroom C. We will alert you when tickets become available.

Entries are still being accepted for short subject films. If you would like us to review your film for our festival, contact Enid Wolf-Schein at scheinej@ aol.com\_

All subjects are welcome. We want an interesting variety.

Keep it short, no longer than eight or nine minutes. If you have an idea you would like considered, get in touch with us.

If you missed the Dance Troupe's performance of "That's Entertainment" on March 7th and 8th and would like a 90-minute disc of the entire performance, contact Enid Wolf-Schein at 954-978-1368.





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**Adult Summer Learning Program** 

June 1- August 14, 2018 North Regional/BC Library, 1100 Coconut Creek Blvd., Coconut Creek, Fl., 33066 954-201-2601 Prize drawings! \* FREE fun all Summer long! \*

# July 2018

Monday, July 2 – Art of the American Musical: Movie & Discussion. 2 to 5 p.m. Rm 154. Sponsored by Friends of North Regional/BC Library. Please call 954-201-2601 for movie title.

**Thursdays, July 5, 12, 19, 26 – Digital Downloads Open House.** Bring your own device and get one on one help to learn how to access and download the library's free books, music, magazines and movies to your device. First come, first served. Noon to 1 p.m. Rm 226.

**Tuesday, July 10 & 24 – Coffee & Conversation.** An opportunity for friendly dialogue between library professionals and community members. Light refreshments served. 2:30 to 3:30 p.m.

Rm 226. Sponsored by Friends of North Regional/BC Library.

**Wednesday, July 11** – Representatives from the North Broward **Social Security** office will be available to answer your questions and provide information. 2 to 4 p.m. Lobby.

**Saturday, July 14 – Make Your Own Terrarium.** Bring a bit of nature into your life by creating a modern indoor garden. Join us for a hands-on terrarium workshop. Materials provided. Pre-registration is required. Call 954-201-2657. 10:30 a.m. to 12:30 p.m. Rm 226. *Sponsored by Friends of North Regional/BC Library*.

**Saturday, July 14 – Guitar Café presents Let's Rock the Library Concert**! Members of the Guitar Café, who meet regularly at the library, will be performing some great Rock & Roll tunes. Put on your dancing shoes and be ready for a great time! 2:30 to 3:30 p.m. Rm 154. *Sponsored by Friends of North Regional/BC Library*.

Monday, July 16 – Art of the American Musical: Movie & Discussion. 2 to 4:30 p.m. Rm 154. *Sponsored by Friends of North Regional/BC Library*. Please call 954-201-2601 for movie title.

**Tuesday, July 17 – Libraries Rock with Book Reviews:** " $P_o_w_e_r$ " by Naomi Alderman. In the *Power*, the world is a recognizable place: there's a rich Nigerian kid who lounges around the family pool; a foster girl whose religious parents hide their true nature; a local American politician; a tough London girl from a tricky family. But something vital has changed, causing their lives to converge with devastating effect. Teenage girls now have immense physical power - they can cause agonizing pain and even death. And, with this small twist of nature, the world changes utterly. 2 to 3:30 p.m. Rm 226.

**Wednesday, July 18 – Knitting Circle.** Join our monthly knitting circle. A great way to get yourself knitting more, and meet other people who share your interest. All levels welcome. 4:30 to 6 p.m. Rm 154.

**Thursday, July 19 – Celebrate Nelson Mandela Day!** Are you ready to experience change? Join us as we pay tribute to and celebrate the life of Nelson Mandela and honor his commitment to fighting poverty and inequality. We will have a lively conversation about our obligation to help others who need it most and explore ways to build bridges and commit to change. Presented by Next Level Educators. Noon to 1 p.m. Rm 154.

**Saturday, July 21 – Rock to the Beat!** Join us to experience the songs of the past and present with music-based video games like Just Dance, Dance Dance Revolution and Guitar Hero. 2 to 4 p.m. Rm 154. *Sponsored by Friends of North Regional/BC Library.* 

**Wednesday, July 25 – Libraries Rock with Apps.** Learn about library apps such as Freegal, Hoopla, Rosetta Stone, Overdrive and more. 2 to 4 p.m. Computer Center.

Language Classes:

**Tuesdays & Wednesdays – English Café:** conversational practice session for intermediate learners of English. 6:30 to 7:45 p.m. Rm 226.

**Tuesdays & Wednesdays – Spanish Café:** conversational Spanish practice for English speakers. 6:30 to 7:45 p.m. Young Adult Room, 1st Floor.

**Coming Soon:** 

**Thursday, August 9 – Cultural Treasures of Ethiopia.** Presented by Award Winning Author, Journalist and Editor D. J. Niko who writes archaeological & historical thrillers, bringing to life the places and characters of the ancient world. A lifelong traveler and adventurer, she personally visits and researches the places she writes about with particular relish for the remote ones. 2 to 3 p.m. Rm 154

**Saturday, August 11 – Celebrate "Libraries Rock" at our End of Summer Concert.** Local musicians, **Jahzilla**, will perform an acoustic set of classic, rock, funk, reggae and pop favorites. Join us for a rockin' good time. 4 to 5 p.m. Rm 154. *Sponsored by Friends of North Regional/BC Library*.



### **1705 Andros** By Marilyn Stahl

FYI: Hurricane Network: Les Resnick J2 is a member. During the season, after a hurricane, if all other means of communication are not functioning, he has a radio to keep in touch with Wynmoor Services and 911, if needed.

Our Lunch Bunch is planning a get together at Max Grill.

Wishing our very own Les Resnick a very happy and healthy birthday. His family is planning a family cruise in August. Happy sailing to them.

Once again, we send our thanks to Angela Papa, our director who keeps a very watchful eye on our building and our residents.

### 1205 Bahama Bend Isdelia Avellz (Penny)

Puerto Rico had been my home for 40+ years. On March 15, 2018, two days after my birthday, my mom of 101 years passed away.

I had taken care of my mom for more than 15 years.

One day in April, it hit me. I said aloud, "Ok Penny, mom's gone now. You need a new beginning." Who ever said "life is for the young" had no clue what they were saying.

After much research with my realtor Maribel Eaton, we found "Wynmoor." We went on a tour and after seeing all that Wynmoor had to offer, I knew immediately, here is where I wanted to start my new life. One Sunday, I visited the main pool with my daughter. Everyone I encountered was so friendly. There was music playing, people dancing, and laughter in the air. I exchanged telephone numbers with a few residents and planned to meet again.

That day, I knew I had made the right choice. Thank you Wynmoor.

# 1803 Eleuthera The Hard-Working Landscapers By Maralyn Wallace

The beautification of Eleuthera Point landscape was done to the perfection, due to the hard work of Grace petruzzi, Susan Rosenfeld and JoAnn Albea. Thank you for making our building attractive.



### Victoria Federation By Marilynn Stoloff

Victoria Federation was proud to recognize Rose Ortiz and her 9 years of dedicated service that she served as President. The pool and surrounding grounds are the social center which unit our 10 independent Associations.



We look forward to hearing from your building. **Send us an email:** wynmoorads@aol.com or... put a neatly handwritten letter (upper/lower case) in the INSIDER Box, located in the Clubhouse near the Real Estate Office.

# **Look Out For Your Neighbors!**

# North Regional/Broward College Library 1100 Coconut Creek Blvd. • Coconut Creek, FL 33066 • 954-201-2601

# July 2018 Computer Classes

Tuesday, July 3, 10, 17, 24, 31, 6:00 to 8:00 p.m. - Creole class. This class covers various computer subjects in Creole.

Thursday, July 5,2:00 to 4:00 p.m. – Meet the Computer, Windows 7/10. Introduction to computers, beginning with learning about the components that make up a computer system, how to use a mouse and keyboard, starting programs and the computer desktop.

Monday, July 9, 6:30 to 8:00 p.m. – IPad, v 9.0. A comprehensive introduction to using the iPad, including all of the standard apps that come with iOS 9: Notes, Music, News, Maps and many other apps that have new features you'll want to learn about and use. For iPad users only.

Wednesday, July 11, 2:00 to 4:00 p.m. – Microsoft Excel, Part 1 of 6. The goal of this class is to become familiar with Microsoft Excel and spreadsheet concepts. Spreadsheets are often used to track numerical or financial data and perform calculations easily and quickly. This course focuses on the skills used most in Excel: using menus- and toolbars, formatting text and numbers, creating charts and graphs, creating formulas.

Monday, July 16, 2:00 to 4:00 p.m. IPhone Essentials iOS 10. This class will help you learn how to use your iPhone and avoid frustrations. Includes the new Health app, Apple Pay, Apple Wallet, and Touch ID. For Apple iPhone users only.

### Wednesday, July 18, 2:00 to 4:00 p.m. - Microsoft Excel, Part 2 of 6.

Thursday, July 19,2:00 to 4:00 p.m. – Going Wireless: How To Use Wi-Fi. Wi-Fi is a wireless network that allows you to connect to the Internet. You can surf the internet wirelessly at a public Wi-Fi hotspot such as a coffee shop or library. This course will define Wi-Fi and its benefits, discuss how to use public Wi-Fi, find public places that offer Wi-Fi, and review Wi-Fi safety precautions.

Wednesday, July 25, 2:00 to 4:00 p.m. - Library Rocks Program. Freegal, Hoopla, and other interesting subjects.

Thursday, July 26, 2:00 to 4:00 p.m. – Safety First: Privacy & Safety Online. The Internet and all of technology is an unfamiliar world for many seniors and new users, but even savvy users can use a refresher now and then. This course will help you help your students learn to recognize danger signals and avoid phishing attempts and Internet scams.

Monday, July 30,2:00 to 4:00 p.m. – Meet the Computer, Windows 7/10. Introduction to computers, beginning with learning about the components that make up a computer system, how to use a mouse and keyboard, starting programs and the computer desktop.

### **Free online computer classes**



# \$10.00

Wynmoor spray bottles are available Golf Pro Shop, 7 days a week from 8:00AM-4:00PM or in the Recreation Office. nday-Friday from 8:00AM-5:00PM

> For more information call 954-978-2600, press 1

## With this pass your guest can enjoy: Full access to the Wynmoor Fitness Center, Fitness Classes, Wynmoor's Pool & Billiards Room & WiFi Price: \$5.00 per day or \$25.00 per week

# LOST CAT - PLEASE HELP!

Domestic Orange and Tabby, named Tango. Last seen in Wynmoor Village on Saturday 8-5-17. Tango is a 2-year-old, spayed male. He wears a black color with a tag. If you see him, please call me. OFFERING REWARD! I live in Portofino and I miss him terribly. GOD BLESS! Home: 954-973-3898 • Cell: 646-262-7187 or 646-361-1539





Todd A. Kupferman, MD, FAAOA



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### 53

# JULY CLASSES

## Monday

Beginners Tap Class (Jankelevich): Starting July 2nd from 10:00 AM - 11:00 AM for 5 weeks; \$40 Chair Yoga (Charland): Starting July 2nd from 1:00 PM - 2:00 PM for 5 weeks; \$35

# Tuesday

AARP: Tuesday & Thursday, July 3rd and 5th from 9:00 AM - 12:00 PM for TWO DAYS; \$15-\$20 Creative Art (Zannini): Starting July 3rd from 10:00 AM - 12:00 PM for 5 weeks; \$56.25 Jewelry (Maron): Starting July 3rd from 7:00 PM - 9:00 PM for 2 weeks; \$30 Line Dancing (Levitan): Starting July 3rd from 10:00 AM - 11:00 AM for 5 weeks; \$35 Mixed Media (Tishman): Starting July 3rd from 1:00 PM - 3:00 PM for 5 weeks; \$50

# Thursday

AARP: Tuesday & Thursday, July 3rd and 5th from 9:00 AM - 12:00 PM for TWO DAYS; \$15-\$20 Canasta (Levitan): Starting July 5th from 3:30 PM - 5:30 PM for 4 weeks; \$36 Jewelry (Maron): Starting July 5th from 10:00 AM - 12:00 PM for 2 weeks; \$30 Mah Jongg (Levitan): Starting July 5th from 1:00 PM - 3:00 PM for 4 weeks; \$36

# Saturday

Yoga (Charland): Starting July 7th from 9:00 AM - 10:00 AM for 4 weeks; \$28

# **Private Sessions**

Golf Lessons (Battersby) Private Sessions available
Tennis Lessons (Neilly) Private Sessions available
Personal Trainer (Hamburger) Private Sessions available. Free Demos on Tuesdays & Thursdays
from 12:00 PM - 2:00 PM

Personal Trainer (Walbert) Private Sessions available. Free Demos on Tuesdays from 5:00 PM - 7:00 PM

For more information, call Recreation at 954-978-2600, press 1. Register at the Recreation Office Monday - Friday from 8:00 AM - 4:45 PM. Classes are on a monthly basis and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.



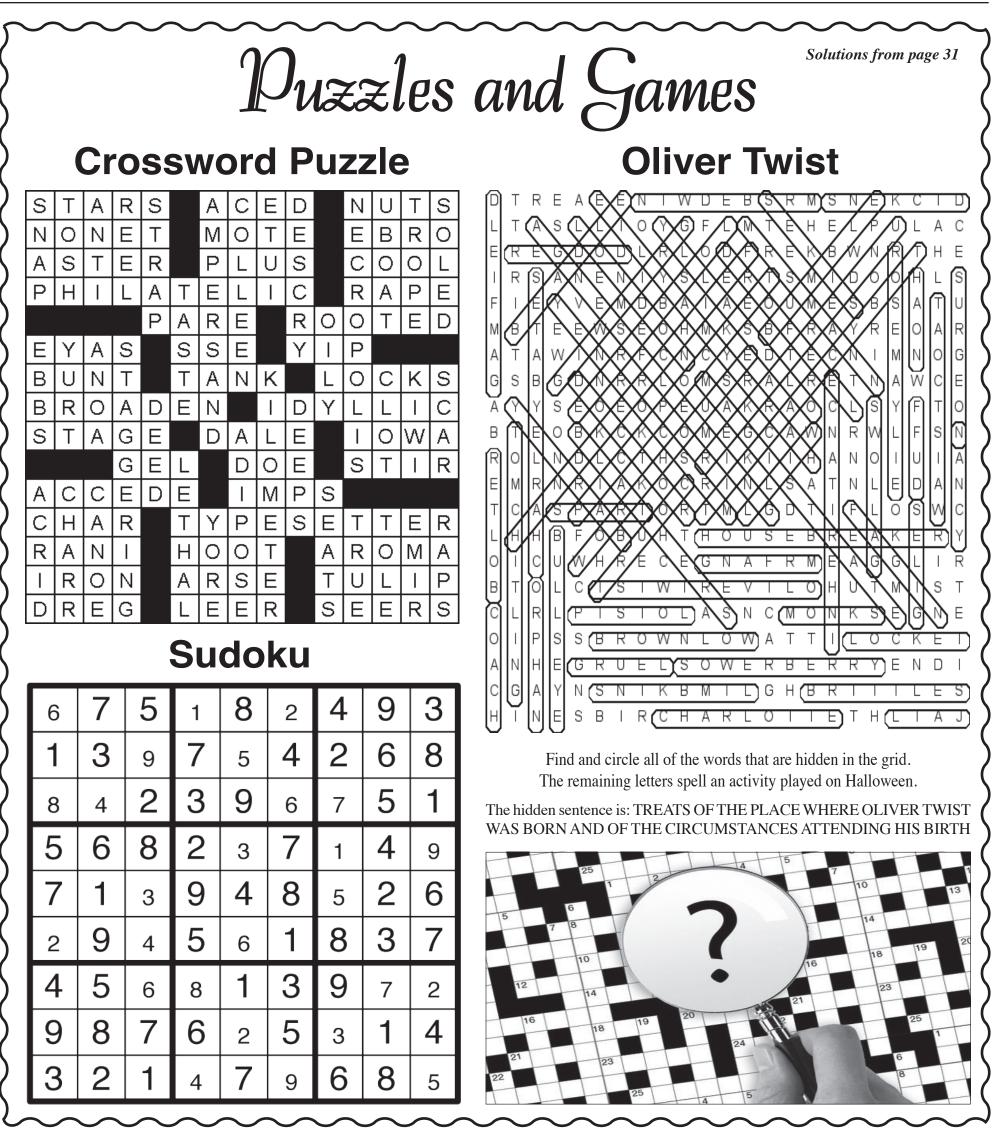








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# For classified information call: 954-975-8001 Mon.-Fri. 9am-5pm

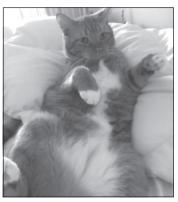
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**Commercial Vans, Trucks, etc.** Are **NOT** permitted to park overnight on Wynmoor property.

### LOST THERAPY CAT REGISTERED WYNMOOR

Domestic Orange and Tabby, name Tango. Last seen in Wynmoor Village on Saturday 8-5-17. Tango is 2-years-old, spayed male. He wears a black collar with a tag. If you see him, please call me. I live in Portofino and miss him. Home: 954-973-3898 - Cell: 646-262-7187 Cell: 646-361-1539 REWARD OFFERED - GOD BLESS!



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Oven / Range	Included	
Dishwasher	Included	
Garbage Disposal (up to 1/2hp)	Included	
Water Heater (up to 50gal)	Included	
Plumbing & Electric (3 bath max)		
Drain Rooter Service (interior of home up to 10ft.)		
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Toilet Replacement	\$10
Smoke Detectors	\$10



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